

# General Health Care

## **Child Development Infoline**

<http://www.ctunitedway.org/cdi.html>

1-800-505-7000

Child Development Infoline (CDI) is a specialized unit of United Way of Connecticut. Care Coordinators are available to answer the phone Monday through Friday from 8am-6pm, except on holidays. Messages can be left 24 hours a day, seven days a week, and are returned promptly. This service is free and confidential, with multi-lingual and TTY capacity. CDI care coordinators provide education on development, behavior management strategies and programs, make referrals to services, and provide advocacy and follow-up as needed. They take great pride in working with families to understand their individual needs, connect them to the best services available, and follow up to ensure their needs are being met. They are available by phone to help with questions or concerns about:

General child development  
Challenging behaviors  
Disability and health related issues  
And more...

By calling the toll free Child Development Infoline # (1-800-505-7000), families, child care, health care and social service providers have access to many of Connecticut's programs and services for children and their families including:

### **Birth to Three:**

For children birth-36 months of age with significant developmental delays or disabilities.

Free developmental evaluation

Service coordination

In-home direct services

[More information >>](#)

### **Help Me Grow:**

For families with children birth through age 8, who are looking for information or services to support their child's development.

Connects families to community based resources

Provides [Ages and Stages Child Monitoring Program](#)

[More information >>](#)

### **Early Childhood Special Education:**

For preschool and kindergarten age children with significant developmental delays.

Provided by each Connecticut school district

Provides public education based on a child's individual needs

[More information >>](#)

### **Children and Youth with Special Care Needs**

Children and Youth with Special Health Care Needs

For children and youth birth to age 21 with chronic physical, developmental, behavioral, or emotional conditions who require more health and related services than other children the same age.

Coordinates medical care services  
Family/Caregiver support  
Referrals to community based services  
[More information >>](#)

## **Connecticut Clearinghouse**

[https://www.ctclearinghouse.org/Topics/Custom-Files/Reference\\_Guide\\_082412.pdf](https://www.ctclearinghouse.org/Topics/Custom-Files/Reference_Guide_082412.pdf)

800.232.4424 (Voice/TTY)

860.793.9813 (Fax)

[www.ctclearinghouse.org](http://www.ctclearinghouse.org)

## **Connecticut Lifespan Respite Coalition**

<http://ctrespit.org/index.php>

2138 Silas Deane Highway

Rocky Hill, CT 06067

(860) 513-0172

ADVOCATES for families taking “short breaks” for rest and personal time.

EDUCATES family caregivers and service providers on the importance of respite resources in any long term care plan.

IDENTIFIES best practices and standards for measuring the competence and quality of respite care providers.

CLRC is a non-profit organization working to improve the availability to, access to, and quality of respite care in the State of Connecticut. Working to affect the system to make changes, the Coalition also seeks to help families advocate for themselves and find solutions that provide immediate assistance for their needs.

## **Connecticut Medical Home Initiative**

<http://www.ct.gov/dph/cwp/view.asp?a=3138&q=387702>

St. Mary's Hospital

Waterbury

1-866-517-4388

Children & Youth with Special Health Care Needs (CYSHCN) are those who have or are at increased risk for a chronic physical, developmental, behavioral or emotional condition and require health and related services beyond that required for children in general. The U.S. Department of Health & Human Services estimates there are approximately 133,073 CYSHCN in Connecticut.

**Who is eligible?**

Children & youth age 0 to 21 who have, or are at increased risk for, a chronic physical, developmental, behavioral or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.

**All families** of eligible children and youth with special health care needs (CYSHCN), regardless of income, will receive a respectful working partnership with you and your child's medical home; care coordination services and family support referrals.

**Uninsured or underinsured families, who fall within income guidelines**, can also benefit from payment for limited services (i.e. durable medical equipment, prescriptions, and special nutritional formulas). Contact the **Connecticut Lifespan Respite Coalition, Inc. (CLRC) for more information at 877-737-1966.**

Please Note: All documents are in Portable Document Format (pdf). You will need Adobe Acrobat Reader in order to view and print the information.

[CYSHCN & Medical Home Family Brochure](#)  
[CYSHCN & Medical Home Provider Brochure](#)  
[CYSHCN and Title V of the Social Security Act](#)  
[President's New Freedom Initiative](#)

## **Health Start, Staywell Health Center**

<http://www.staywellhealth.org/about.html>

80 Phoenix Ave  
Waterbury, CT 06702  
203-756-8021, ext 3001

Case management for pregnant women.

Application site for Healthy Start and HUSKY A health insurance programs for low income pregnant women and children ages 18 and under whose household income is at or below 250% of the Federal Poverty Level. Services include case management for the pregnant woman and for children through age 3. Danbury site serves residents of Bethel, Bridgewater, Brookfield, Danbury, New Fairfield, New Milford, Newtown, Redding, Ridgefield, and Sherman. Waterbury site services residents of Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Watertown, Wolcott, and Woodbury. Risk screening completed to identify issues that may have a negative impact upon pregnancy. Case management services ongoing to resolve issues and health education provided to improve health outcomes.

## **Husky Plan**

P. O. Box 280747  
East Hartford, CT 06108  
203-574-6000  
1-877-CT-HUSKY (1-877-284-8759)  
<http://www.huskyhealth.com/hh/site/default.asp>

The HUSKY Plan offers a full health insurance package for children and teenagers up to age 19, regardless of family income. HUSKY pays for doctor visits, prescriptions, vision and dental care, and much more.

HUSKY Plus offers additional services for children with special physical health care needs, while mental health and substance abuse treatment services are available through the Connecticut Behavioral Health Partnership.

When your child is enrolled in HUSKY, you'll choose doctors and other medical providers participating in one of our member health plans. For most families, HUSKY is low-cost or free. But even families with high incomes can get HUSKY health care for children at a group rate.

## **InfoLine Call....#211**

<http://www.infoline.org/>

2-1-1 is an integrated system of help via the telephone - a single source for information about community services, referrals to human services, and crisis intervention. It is accessed toll-free from anywhere in Connecticut by simply dialing 2-1-1. It operates 24 hours a day, 365 days a year. Multilingual call specialists and TDD access is available.

## **Interim Health Care**

<http://www.interimhealthcare.com/>

Interim Health Care - Waterbury  
541 Wolcott Street  
Waterbury, CT 06705  
203-574-3339

Description: Provides in home skilled nursing, home health aides, rehabilitative therapies, medical social work, and specialty nursing care for IV therapy, oncology, cardiology, mental illness, dementia, and respiratory problems.

Payment:Medicaid; Medicare

Fee:Set fee

Services:Home Health Care

Site hours:M-F: 8:30am-5pm

## **Malta House of Care –Medical Van**

<http://www.maltahouseofcare.org/mhc-waterbury.html>

The medical van will treat patients every Tuesday from 1:00 p.m. to 5:00 p.m.  
at Sacred Heart-Sagrado Corazon Church –13 Wolcott St.  
(860) 524 – 7882

Provides Free Primary Healthcare Services to the Uninsured of Greater Waterbury

First-come, First-Served Basis

All volunteer staff of medical professionals  
Primary healthcare services only  
Referrals will be made as necessary  
Convenient, neighborhood-located service  
Free or low cost medicines

## **New Opportunities, Inc.**

<http://www.newoppinc.org/>

232 North Elm Street  
Waterbury, CT 06702  
(203) 575-9799

Elderly Services, Administrative Offices, Aids Assistance, Aids/Hiv Assistance, Child Care, Chore, Doc Residential, Elder Services, Elderly Services, Emergency Response System, Energy Assistance, Eviction Prevention

Currently sponsors a variety of social programs in the general areas of: Energy Assistance/Weatherization, Youth Development and Training, Drug/Alcohol Prevention, Teenage Pregnancy Prevention, AIDS/HIV Prevention, Education and Support Services, Child Welfare and Family Services, Early Childhood Education Programs, Neighborhood Councils and Committees, Elderly Services, Homeless Shelter/Housing, New Opportunities of Greater Meriden, and Ex-offender Programs/Alternative Incarceration Center.

## **Save the Kid Fund**

[www.savethekid.org](http://www.savethekid.org)

290 Geer Road  
Lebanon, CT 06249  
(860) 444-5373

Medical Expense Assistance/Assistive Technology Purchase Assistance

Provides financial support for medical treatments, medications or adaptive equipment for children or for other requests that will improve the lives of children by providing them with opportunities they may not otherwise receive.

Eligibility:

Ages 0 through 18

Application:

1. Send an e-mail to [info@savethekid.org](mailto:info@savethekid.org).
2. Your request should include:
  - a. Your name and address.
  - b. The name and address of the child to be helped.
  - c. Your relationship to the child / family in need.
  - d. The method by which STK may contact you and the family to be helped (phone number or

- e-mail address is preferred).
- e. The name of a person who can verify the need (e.g., a member of the Clergy, a hospice worker, DCF worker, etc.).
  - f. Statement of what is needed and approximate cost (if known).

The more information that the STK Board has to work with, the quicker the request processing can take place. Therefore, any amplifying information concerning the child's need is helpful.

## **St. Mary's Hospital-Northwestern Regional Medical Home Support Ctr.**

[http://www.stmh.org/community\\_programs/nrmhsc/home\\_page/index.html](http://www.stmh.org/community_programs/nrmhsc/home_page/index.html)

56 Franklin Street  
Waterbury, CT  
(203) 709-5716

St. Mary's Hospital in Waterbury offers a Regional Medical Home Support Center for children with special healthcare needs. The family can apply for respite funding, and also extended service funds if they qualify. They can also receive Care Coordination through this program, and information about resources in their area.

Children and Youth with Special Healthcare Needs- CYSHCN

## **St. Mary's Hospital: Children and Family Health Center**

[http://www.stmh.org/patient\\_services/children\\_family\\_serv.html](http://www.stmh.org/patient_services/children_family_serv.html)

56 Franklin Street  
Waterbury, CT 06706  
Children's Health: (203) 709-7081  
Family Health (203) 709-3800  
Medical/Pediatric Health (203) 709-7081

Saint Mary's is dedicated to keeping families well. That is why the Children's & Family Health Center and Yale-affiliated Medical/Pediatrics Program offer a variety of medical services for both adults and children. These programs are open to everyone, regardless of income status.

### **Children's Health**

Routine care isn't necessarily routine for children. Doctors and hospitals can be scary. At Saint Mary's Children's & Family Health Center our skilled nursing staff and doctors are always ready with kind words, gentle hands, and friendly smiles. We know your children need the same kinds of medical services you do, only in a different way. The Children's Health Center offers a full range of primary care services and specialty clinical dermatology, school and sports physicals, vision screening, cardiology, neurology, diabetes and asthma care, to name just a few. We also offer immunizations and, of course, check-ups for children from birth to age 17.

### **Family Health**

For those 18 and over, The Family Health Center and Yale-affiliated Medical Pediatrics program offers a full complement of medical services such eye exams, allergy treatments, women's health services, podiatry, and prenatal care. There is a financial counselor on hand and Spanish-speaking staff members to meet the needs of all patients.

The Children's and Family Health Center is located on the third floor of 95 Scovill Street, Pavilion B in Croft Commons. Parking is available in the adjacent garage.

**Family Health Hours:**

Monday –Friday, 8 a.m. - 4:30 p.m.

For appointments call: (203) 709-3800

For the Medical/Pediatric Program: call (203) 709- 3888

**Children's Health:**

Monday –Thursday, 8:30 a.m. -7p.m.

Friday 8:30 a.m.-5:30 p.m.

For appointments call: (203) 709-7081