

Substance Abuse Resources

It's Always a Choice

itsalwaysyourchoice.com

Our mission is to help keep kids off drugs. We have dedicated our time and efforts into providing modern and gripping presentations that give middle school and high school students the knowledge and power to say NO! Today the media is sending mixed signals regarding drug use and the recent marijuana legislation in some states. We believe the wrong message is being sent to kids and being delivered at a younger and younger age. With Choice Education, students are given the information and confidence they need to say NO to drugs and make intelligent focused decisions.

Al-Anon/Alateen

<http://www.ct-al-anon.org/index.htm>

<http://www.ct-al-anon.org/meetings/newhaven.htm#Wolcott%20Meetings>

Nar-Anon

<http://www.usrecovery.info/Nar-Anon/Connecticut.htm>

<http://nar-anon.org/Nar-Anon/Connecticut.html>

Community Mental Health Affiliates

<http://www.cmhacc.org/>

<http://www.cmhacc.org/programs/substance-abuse-services.html>

270 John Downey Drive

New Britain.

Intensive Outpatient Program (IOP) for Co-Occurring Disorders

55 Winthrop Street, New Britain, CT 06052

(860) 224-8192

IOP provides behavioral health services to those individuals with serious mental illness and substance abuse. The program runs for 4 hours a day, minimum 3 days a week, and is offered to those individuals who would benefit from a structured treatment setting. The IOP focus is to reduce symptoms, improve overall functioning, prevent loss of independent or supportive living arrangements, prevent relapse and/or reduce substance use, and avoid hospitalization. Services are provided according to a treatment plan developed by the client with his or her clinician and psychiatrist. Psychiatric Services, medication management and coordination of care is available to all clients, along with step down services. IOP also offers Buprenorphine Maintenance.

IOP utilizes evidenced based practices such as Motivational Enhancement Therapy, Trauma Sensitive programming, and Cognitive Behavioral Therapies. Services are provided directly by CMHA staff, in collaboration with other CMHA programs, other behavioral health care providers in the immediate and surrounding communities, the consumer's natural support systems and with the consumers themselves.

Family Based Recovery

270 John Downey Drive, New Britain, CT 06051

(860) 826-1358

The Family Based Recovery Program is an in home service program which provides family recovery and substance abuse treatment to families who have identified substance abuse issues and a child(ren) under 2 years old in the home. The program also provides individual, family and group therapy and child attachment treatment. Clinicians work with child behavioral issues, housing, transportation and other basic needs of families. Services are provided between the hours of 9:00 am to 8:00 pm, and crisis team coverage is also provided.

CrossRoads

<http://www.wolcottcrossroads.com/>

Place: Wolcott Youth Center

Todd Rd, Behind Frisbie School

If a family member or friend came to you and told you they had cancer, what would you do? You would be there to help and support them anyway you possibly could. Then why is it that we turn our backs and show no support or compassion to a family member or friend that is suffering from the DISEASE of addiction?!

Addiction is a disease that is caused by genetics. In other words, you do not CHOOSE addiction. Who wakes up in the morning and says, "I want to be a drug addict?" That is correct, NO ONE!

Crossroads has a mission to unite our local community and create new ways and ideas to combat the drugs afflicting our youth. All concerned citizens are invited.

Time: Mondays from 7:30pm-9:00pm

Open Doors, Come and go as you please.

Place: Wolcott Youth Center

Todd Rd, Behind Frisbie School.

Family Intervention Center

<http://www.familyintervention.org/>

1875 Thomaston Avenue

Waterbury, CT 06704

(203)753-2153

Counseling Center:

Evaluation, Consultation and Referral, Planned Interventions, Therapy for Individual, Couple, Family, Group, Chemically Dependent Youth, Children of Alcoholics, Chemically Dependent Adults, Adult Children of Alcoholics, Co-Dependent Support, Pretrial Alcohol Education & Treatment (PAES), Accelerated Driving While Intoxicated, Compulsive Overeaters.

Alcohol and Drug Council:

Community Awareness, Education, Information and Referral, Community Workshops, School Programming, Consultation, Training, AIDS Risk Reduction Outreach Workers (ARROWS), Prevention Programming, Community Youth Activities Project, Life Skills, Student Assistance Programs

Training Center:

Consultation, Teacher Training, Here's Looking at You 2000, Student Assistance Teams, Early Intervention Workshops, Other Workshops and Training, Parent Training, Systematic Training for Effective Parenting, STEP Teen, Developing Capable Young People, Peer Advocate Training, Natural Helper's Peer Training, Family Intervention Internship, Student Field Practicum

Michael Anthony's Project

<http://michaelanthonysproject.org/>

203-525-8052.

This mission of Michael Anthony's Project is to provide support, education, and resources to families of children suffering with the disease of addiction and to parents who have lost their children to this disease. We hope to reach out to the community and ask that they help us form a cohesive relationship with city and state officials as well as healthcare providers to implement the concept "It takes a village to raise a child."

Our website provides information as well as additional resources to educate about the dangers of addiction, how to recognize signs and symptoms, how to help a child that is struggling with the disease of addiction, and how to cope with the loss of a child to this horrible disease. Questions? call Lori at 203-525-8052.

Parents 4 a Change (P4AC)

<http://www.parents4achange.net/>

Southington, CT

Was founded to raise awareness about the life threatening issue of TEEN OPIATE ABUSE. We provide a support system for families in crisis, all over the country, who have a child abusing opiates (i.e., prescription pain pills, heroin, etc.). We are parents helping parents, sharing our experiences, ideas and resources with others in need, at no cost. We strongly advocate FOR and support parents IN "proactive parenting." AN EDUCATED PARENT IS AN EMPOWERED PARENT!

Mary Marcuccio, Founder & Spokesperson Parents 4 A Change, Southington CT

Waterbury Hospital Health Center - West Main Behavioral Health

<http://www.waterburyhospital.org/hospital-services/behavioral-health/addiction-services/>

969 West Main Street, 2nd floor

Waterbury, CT 06708

(203)753-2626

Services Offered: Substance Abuse Counseling.

Eligibility: Age 11+ for Adolescent Behavioral Health; Age 18+ for other programs.

Wellmore

<http://wellmore.org/>

402 East Main Street
Waterbury, CT 06702
(203) 755-1143 x 392

We seek to empower individuals to create change and maintain recovery from addiction and mental health disorders. Residential and Outpatient services.

Residential Services

Morris House - 27 residential beds serving men in need of long-term, structured treatment.

Phone: 203-574-3986 - Toll-free: 800-721-1490

Therapeutic Shelter - a 21-bed, short-term residence that provides a supportive environment and treatment for men and women. Phone 203-574-1419 - Toll-free: 800-721-1378

Women & Children's Program - An 8-bed, long-term residential treatment program for women and their children. Phone: 203-574-3311 - Toll-free: 800-525-5955

Outpatient Services: Individual, group and intensive treatment for adults and adolescents

Waterbury Outpatient Services. Phone: 203-755-1143 - Toll-free: 800-721-1230

Liberty Center, Shelton Phone: 203-944-0366 - Toll-free: 866-278-3563

Region 5 Case Management - Provides case management services for individuals with a history of frequent treatment. Phone: 203-755-1143 Ext. 319.

Healthcare Initiative - Assists with treatment placement which includes transportation and post-discharge follow-up. Phone: 203-755-1143 Ext. 316

DCF Supportive Housing - Provides case management services to DCF-referred families.

Phone: 203-574-3201

Adolescent Treatment Services - Substance abuse treatment program for adolescents age 12-18.

Phone: 203-755-114 Ext. 338

School-Based Prevention Services - Provides substance abuse education in schools for children and adolescents. Phone: 203-755-1143 Ext. 338

Early Childhood Consultation Partnership - Assessment and support for parents and community childcare agencies caring for children aged birth to 5 years with challenging behaviors and/or social and emotional needs. Phone: 203-755-1143 Ext. 342

Wheeler Clinic, Inc.

<http://www.wheelerclinic.org/>

91 Northwest Drive
Plainville, CT 06062
888-793-3500

50 Brookside Road
Waterbury, CT 06708-1402
(203) 755-4490

Drug/Court Programs

Wheeler Clinic is committed to assisting the Waterbury Superior Court's Drug Session program with the intervention, treatment and rehabilitation of non-violent drug offenders who desire to change their lives and break the cycle of drug dependency and criminal behavior. The Drug Session connects individuals with the services they need to find the right path.