

# WOLCOTT PUBLIC SCHOOLS ELEMENTARY SCHOOL MENU – February 2021

| WEEKLY ALTERNATIVES  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|---|--|--|
| <br><b>ONLINE MEAL PAYMENTS</b> | <b>All Meals are FREE for all students until June 2021!</b>                              | <br><b>Monthly Special Starting February 1st!<br/>Peaches &amp; Cream Waffle Dunker Parfait</b> |   | <br><b>February is National Heart Health Month!</b><br>Heart Healthy Tip: The heart-healthiest foods include vegetables, fruits, and whole grains. Dairy foods should be low-fat, and meats should be lean. |  |
| Plain Bagel Box<br>Crispy Chicken Salad<br>Waffle Dunker Parfait   | 1<br>Crispy Chicken Sandwich<br>Homemade Potato Salad<br>Roasted Ranch Broccoli          | 2<br>Meatball Grinder<br>Orange Cinnamon Carrots<br>Kettle Baked Chips  | 3<br>    | 4<br>Bacon, Egg, and Cheese on a Croissant<br>Tater Tots<br>Homemade Apple Crisp   | 5<br>Cheese Pizza<br>Pepperoni Pizza<br>Caesar Salad   |
| Ham and Pretzel Box<br>Peanut Butter & Jelly<br>Waffle Dunker Parfait  | 8<br>Cheeseburger<br>Sweet Potato Fries<br>"Pizza" Green Beans                           | 9<br>French Toast Sticks<br>Oven Roasted Potatoes<br>Turkey Sausage Links<br>Maple Syrup  | 10<br>   | 11<br>Beef Nachos<br>Cheese, Salsa<br>Brown Rice<br>Seasoned Black Beans   | 12<br>Cheese Pizza<br>Buffalo Chicken Pizza<br>Garden Salad with Ranch<br><br><b>Valentine Treat</b> |
| Muffin & Yogurt Box<br>Ham Sandwich<br>Waffle Dunker Parfait   | 15<br> | 16<br>  | 17<br>Grilled Cheese<br>Homemade Chicken<br>Noodle Soup<br>Carnival Cookie                  | 18<br>Baked Ziti<br>Garlic Bread<br>Oven Roasted Zucchini  | 19<br>Pizza Crunchers<br>Sweet Potato Fries<br>Cucumber & Tomato Salad                               |
| Plain Bagel Box<br>Tuna Sandwich<br>Waffle Dunker Parfait  | 22<br>Pancakes<br>Hash Brown<br>Scrambled Eggs<br>Maple Syrup                            | 23<br>Chicken Nuggets<br>Potato Wedges<br>Orange Glazed Carrots   | 24<br> | 25<br>Chicken or Cheese Quesadilla<br>Salsa, Sour Cream<br>Seasoned Corn   | 26<br>Mozzarella Sticks<br>Marinara Sauce<br>Caesar Salad<br>Chocolate Chip Cookie                   |

Main Meal = Choice 1 Box Meal = Choice 2 Salad/Sandwich Meal = Choice 3 Yogurt Parfait Meal = Choice 4

Nicole Lefebvre, MS  
 Food Service Director  
 203-879-8145

**Menu is subject to change. This institution is an equal opportunity provider.**