

WOLCOTT PUBLIC SCHOOLS ELEMENTARY SCHOOL MENU – MARCH 2020

WEEKLY ALTERNATIVES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plain Bagel Box ^(32g) Crispy Chicken Salad ^(20g) Peanut Butter & Jelly on WW Bread ^(43g) Turkey Sandwich ^(27g)	 <p>Hop on Pop Chicken Who Hash Mashed Potatoes Grinchy Green Beans One Fish, Two Fish Goldfish</p>	Assorted Soups and Grilled Cheese Sandwich ^(25g) Sliced Carrots ^{*(5.65g)}	Pasta with Meat Sauce ^(35.24g) WG Breadstick ^(19g) Steamed Broccoli ^{*(20g)} WG Chocolate Chip Cookie ^{***(28g)}	Apple Dutch Waffle ^{***(55g)} Vanilla Yogurt ^{*(39g)} Winter Pear Salad ^{*(15.34g)}	Wild Mike Cheese Bites ^(28g) Marinara Sauce ^{*(9g)} Caesar Salad ^(16g) Nutrition Education Treat
Muffin & Yogurt Box ^{***(65g)} Chef Salad ^(7.9g) Peanut Butter & Jelly on WW Bread ^(43g) Ham Sandwich ^(27g) Yogurt Parfait ^(76.5g)	Twin Beef Soft Tacos ^(30.87g) Cheese ^{*(0g)} , Lettuce ^{*(0.8g)} Salsa ^{*(2g)} , Sour Cream ^{*(2g)} Corn and Black Bean Salad ^{*(12.26g)}	Crispy Chicken Sandwich ^(39g) Lettuce ^{*(0.8g)} , Tomato ^{*(0.12g)} Onion Rings ^(28g) Fresh Cucumber and Tomato Salad ^{*(3.29g)}	Meatball Grinder on a WG Grinder Roll ^(30.5g) Orange Cinnamon Carrots ^{*(3.81g)} Kettle Baked Chips ^{*(9g)}	French Toast Sticks ^(37g) Oven Roasted Potatoes ^{*(21.53g)} Turkey Sausage Links ^{*(0g)} Maple Syrup ^{*(28g)}	Pizza Crunchers ^(41g) Sweet Potatoes Fries ^{*(42g)} Garden Salad with Ranch Dressing ^{***(2.45g)}
Plain Bagel Box ^(32g) Crispy Chicken Salad ^(20g) Peanut Butter & Jelly on WW Bread ^(43g) Turkey Sandwich ^(23g)	Tex Mex Chili Bowl 16 Homemade Beef Chili ^{*(5.5g)} LF Cheddar Cheese ^{*(0g)} Tater Tots ^{*(16g)} Warmed Corn Muffin ^{***(28g)}	Lucky Shamrock Nuggets Emerald Mashed Potatoes Magical Carrot Slices Leprechaun Sprinkle Treat	Twisty Mac & Cheese Mini Corn Dogs ^{***(20g)} Mac and Cheese ^{***(32.25g)} Steamed Broccoli ^{*(4g)}	Cheese Quesadilla Lettuce ^{*(0.8g)} , Tomato ^{*(1g)} Salsa ^{*(2g)} , Sour Cream ^{*(2g)} Refried Beans ^{*(18g)}	Stuffed Crust Cheese Pizza ^(36g) Baked Potato Wedges ^(16g) Garden Salad with Ranch Dressing ^{***(2.45g)}
Muffin & Yogurt Box ^{***(65g)} Chef Salad ^(7.9g) Peanut Butter & Jelly on WW Bread ^(43g) Ham Sandwich ^(27g) Yogurt Parfait ^(76.5g)	Cheeseburger on a WG Bun ^(34g) Sweet Potato Fries ^{*(42g)} Homemade Coleslaw ^{****(5.58g)}	Mandarin Orange Chicken ^{***(25g)} Brown Rice ^{*(18g)} Steamed Broccoli ^{*(4g)} Fortune Cookie ^(4.16g) Sweet & Sour Sauce ^{*(36.4g)}	Baked Mozzarella Sticks ^(30g) Warm Marinara Sauce ^{*(9g)} Caesar Salad ^(16g) Italian Ice Sidekick ^{*(22g)}	Chicken ^(12g) and Waffles ^{***(12g)} Corn off the Cob ^{*(20g)} Orange Juice ^{*(12g)} Maple Syrup ^{*(28g)}	Wild Mike Cheese Bites ^(28g) Marinara Sauce ^{*(9g)} Garden Salad with Ranch Dressing ^{***(2.45g)} Honey Graham Crackers ^(20g)
Ham and Pretzel Box ^{***(35g)} Chef Salad ^(7.9g) Peanut Butter & Jelly on WW Bread ^(43g) Tuna Sandwich ^{***(24g)}	Bacon, Egg, and Cheese on a Croissant ^{***(29g)} Tater Tots ^{*(16g)} Homemade Apple Crisp ^(23.3g)	Crispy Chicken Wrap ^(44g) Smile Fries ^{*(20g)} Carrot Slices ^{*(5.65g)}	Every Day Offerings: Assorted Fresh Fruit & Veggie Tray Canned Fruit Twice Per Week: 100% Fruit Juice <div style="background-color: #4f7942; color: white; padding: 5px; text-align: center; margin-top: 10px;"> March is National Nutrition Month! </div>	Full Pay Lunch: \$2.65 Reduced Lunch: \$0.40 Healthy Snacks: \$1.00	 ONLINE MEAL PAYMENTS

Main Meal = Choice 1 Box Meal = Choice 2 Salad Meal = Choice 3 PB&J Meal = Choice 4 Sandwich Meal = Choice 5 Yogurt Parfait Meal = Choice 6

*GLUTEN FREE

**CONTAINS EGG

(CARB COUNTS)

Menu is subject to change. This institution is an equal opportunity provider.

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