

# Wolfe City ISD

May 1, 2018 thru May 18, 2018

Planned Menu Spreadsheet

Combined: LEARNING CENTER/ PK BREAKFAST/LEARNING CENTER/PK LUNCH

Weighted Values - Detailed

004 - WC LEARNING CENTER/PK

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/01/2018													
LEARNING CENTER/ PK B	Total												
CEREAL	SERVING	33	0	57	1.87	35.6	173	2.45	2	0.55	7.22	0.44	0.08
TOAST/ LEARNING CENTER	1 EA	24	0	46	0.46	63.8	7	0.0	0	0.99	4.1	0.35	0.09
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
HOT DOG ON A BUN:turkey hot	SERVING	154	17	551	1.69	80.7	0	0.0	*N/A*	8.06	12.01	8.77	2.36
HASH BROWN POTATOES	1 each	42	0	3	0.10	3.3	0	1.3	0	0.51	5.51	2.24	0.18
CARROT STICKS- baby	1bag	20	0	44	0.51	18.0	7818	1.5	0	0.36	4.62	0.07	0.01
PEACHES: canned,light syrup	1/2 CUP	43	0	4	0.29	2.4	284	1.92	11	0.36	11.66	0.02	0.00
MILK,1% Lowfat	HALF PINT	32	4	33	0.02	94.5	148	0.0	4	2.55	3.77	0.73	0.48
MILK,Skim	HALF PINT	28	2	34	0.02	99.6	167	0.0	4	2.75	4.05	0.07	0.05
KETCHUP: individual	Pkt 6g	16	0	145	0.06	2.4	84	0.66	3	0.17	4.38	0.02	0.00
Weighted Daily Average		461	24	960	5.13	504.2	9266	24.47	*37	19.52	71.18	12.99	3.40
% of Calories									*31.7%	16.9%	61.7%	25.3%	6.6%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Wed - 05/02/2018													
LEARNING CENTER/ PK B	Total												
OATMEAL LC	1/2 CUP	38	0	8	0.31	9.3	31	0.0	*2	1.26	6.27	1.0	0.20
TOAST/ LEARNING CENTER	1 EA	24	0	46	0.46	63.8	7	0.0	0	0.99	4.1	0.35	0.09
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
BURRITO	1 EA	246	27	572	1.80	133.0	499	0.8	*N/A*	11.97	21.94	12.63	5.32
REFRIED BEANS	1/2 cup	67	0	107	1.10	22.4	37	0.62	*0	3.77	10.31	1.53	0.48
SPANISH RICE	1/2 CUP	51	0	182	0.62	6.0	174	0.56	*0	0.93	11.57	0.23	0.00
SALAD EL/MS	cup	13	0	86	0.38	12.8	3377	1.55	*N/A*	0.48	2.61	0.12	0.02
FRUIT,FRESH ASSORTED	1 EACH	42	0	4	0.17	10.4	846	17.94	8	0.64	10.66	0.17	0.04
MILK,1% Lowfat	HALF PINT	32	4	33	0.02	94.5	148	0.0	4	2.55	3.77	0.73	0.48
MILK,Skim	HALF PINT	28	2	34	0.02	99.6	167	0.0	4	2.75	4.05	0.07	0.05

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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May 1, 2018 thru May 18, 2018

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Combined: LEARNING CENTER/ PK BREAKFAST/LEARNING CENTER/PK LUNCH

Weighted Values - Detailed

004 - WC LEARNING CENTER/PK

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		610	34	1114	5.00	555.8	5870	38.12	*31	28.55	89.14	17.12	6.81
% of Calories									*20.4%	18.7%	58.4%	25.3%	10.1%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Thu - 05/03/2018													
LEARNING CENTER/ PK B	Total												
BREAKFAST PIZZA	1 EA	70	5	143	0.48	50.0	7	0.0	*N/A*	3.34	8.34	2.67	0.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
STEAK FINGERS LC	3 EACH	155	17	160	1.35	20.0	3	0.0	0	8.0	10.0	9.5	2.25
MASHED POTATOES LC	3/8 CUP	75	2	29	0.23	36.0	55	25.26	*1	2.16	14.65	1.18	0.36
GREEN BEANS	1/2 CUP	12	0	129	0.46	13.4	180	2.43	*N/A*	0.62	2.68	0.05	0.01
BREAD el/ms	1 EA	44	0	89	0.91	127.7	1	0.0	1	1.99	8.2	0.4	0.12
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	43	0	1	0.33	11.7	32	6.26	11	0.3	11.23	0.1	0.01
MILK,1% Lowfat	HALF PINT	32	4	33	0.02	94.5	148	0.0	4	2.55	3.77	0.73	0.48
MILK,Skim	HALF PINT	28	2	34	0.02	99.6	167	0.0	4	2.75	4.05	0.07	0.05
KETCHUP: individual	Pkt 6g	16	0	145	0.06	2.4	84	0.66	3	0.17	4.38	0.02	0.00
Weighted Daily Average		544	32	806	3.98	559.1	1262	51.26	*37	25.09	81.15	15.00	4.10
% of Calories									*27.4%	18.4%	59.7%	24.8%	6.8%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Fri - 05/04/2018													
LEARNING CENTER/ PK B	Total												
CINNAMON ROLL	1 EA	87	5	90	0.60	13.3	0	0.0	*N/A*	2.33	12.33	3.33	1.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
LEARNING CENTER/PK LU	Total												
HAMBURGER	1 EA	191	23	287	2.16	75.1	67	0.36	*2	10.76	15.38	9.72	3.58
POTATO WEDGES	8 PCS	74	0	10	0.27	6.0	3	2.92	*N/A*	1.34	11.4	2.35	0.34
BURGER FIXINS	1 EA	11	0	151	0.43	23.6	3242	3.82	1	0.66	2.17	0.19	0.03
APPLESAUCE	1/2 CUP	56	0	2	0.10	2.4	5	1.39	12	0.13	14.28	0.14	0.02
MILK,1% Lowfat	HALF PINT	32	4	33	0.02	94.5	148	0.0	4	2.55	3.77	0.73	0.48
MILK,Skim	HALF PINT	28	2	34	0.02	99.6	167	0.0	4	2.75	4.05	0.07	0.05
KETCHUP: individual	Pkt 6g	16	0	145	0.06	2.4	84	0.66	3	0.17	4.38	0.02	0.00
Weighted Daily Average		562	36	793	3.78	420.8	4302	25.80	*39	23.91	81.62	16.83	6.32
% of Calories									*27.5%	17.0%	58.1%	26.9%	10.1%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Mon - 05/07/2018													
LEARNING CENTER/ PK B	Total												
PIG IN A BLANKET LC	1 EACH	46	8	53	0.90	13.3	133	0.8	*N/A*	2.32	5.64	1.49	0.50
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
PARMESAN CHICKEN	1 EACH	165	37	518	0.42	38.4	5	0.16	*1	16.72	5.76	8.04	1.51
MASHED POTATOES LC	3/8 CUP	75	2	29	0.23	36.0	55	25.26	*1	2.16	14.65	1.18	0.36
BLACKEYED PEAS	1/2 CUP	65	0	248	0.82	16.9	11	2.29	*N/A*	4.01	11.54	0.47	0.12
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	43	0	1	0.33	11.7	32	6.26	11	0.3	11.23	0.1	0.01
BREAD el/ms	1 EA	44	0	89	0.91	127.7	1	0.0	1	1.99	8.2	0.4	0.12
MILK,1% Lowfat	HALF PINT	32	4	33	0.02	94.5	148	0.0	4	2.55	3.77	0.73	0.48
MILK,Skim	HALF PINT	28	2	34	0.02	99.6	167	0.0	4	2.75	4.05	0.07	0.05
Weighted Daily Average		568	55	1047	3.76	541.9	1138	51.40	*34	36.02	78.69	12.76	3.30
% of Calories									*23.9%	25.4%	55.4%	20.2%	5.2%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/08/2018													
LEARNING CENTER/ PK B	Total												
CEREAL	1 EA	33	0	57	1.87	35.6	173	2.45	2	0.55	7.22	0.44	0.08
TOAST/ LEARNING CENTER	1 EA	24	0	46	0.46	63.8	7	0.0	0	0.99	4.1	0.35	0.09
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
QUESADILLA	1 ea	213	30	400	1.80	166.7	200	0.0	0	12.0	21.33	8.67	4.00
PINTO BEANS EL/MS	3/8 cup	63	0	70	0.97	22.0	0	0.0	0	3.83	11.79	0.2	0.06
SALAD EL/MS	cup	13	0	86	0.38	12.8	3377	1.55	*N/A*	0.48	2.61	0.12	0.02
FRUIT,FRESH ASSORTED	1 EACH	42	0	4	0.17	10.4	846	17.94	8	0.64	10.66	0.17	0.04
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		516	37	773	5.80	610.3	5507	38.58	*30	27.05	79.44	10.90	4.87
% of Calories									*23.6%	21.0%	61.6%	19.0%	8.5%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Wed - 05/09/2018													
LEARNING CENTER/ PK B	Total												
FRENCH TOAST	2 ea	84	32	195	0.87	42.1	74	0.12	0	2.91	12.63	2.4	0.60
SYRUP	POUCH	3	0	23	0.00	0.0	0	0.0	0	0.0	1.21	0.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
TOASTED CHEESE SANDWICH	1 EACH	217	20	322	1.30	336.0	482	0.0	*2	14.67	18.24	8.65	4.76
VEGETABLE SOUP LC	3/4 CUP	42	0	225	0.54	13.8	2766	3.01	*0	1.55	8.55	0.43	0.04
BROCCOLI,raw florettes	1/2 cup	6	0	6	0.18	10.1	630	19.57	*N/A*	0.63	1.1	0.07	0.01
PEACHES: canned,light syrup	1/2 CUP	43	0	4	0.29	2.4	284	1.92	11	0.36	11.66	0.02	0.00
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05

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Weighted Daily Average		523	60	884	3.35	703.4	5140	41.28	*33	28.66	75.12	12.53	6.00
% of Calories									*25.4%	21.9%	57.5%	21.6%	10.3%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Thu - 05/10/2018													
LEARNING CENTER/ PK B	Total												
BREAKFAST PIZZA	1 EA	70	5	143	0.48	50.0	7	0.0	*N/A*	3.34	8.34	2.67	0.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
CRISPY CHICKEN WRAP	1 EA	295	33	480	0.95	196.3	1533	1.47	0	14.72	20.77	17.23	5.36
PINTO BEANS EL/MS	3/8 cup	63	0	70	0.97	22.0	0	0.0	0	3.83	11.79	0.2	0.06
CARROTS (STEAMED)	1/2 CUP	26	0	38	0.58	34.5	12432	2.23	3	0.66	5.97	0.16	0.03
FRUIT,FRESH ASSORTED	1 EACH	42	0	4	0.17	10.4	846	17.94	8	0.64	10.66	0.17	0.04
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		623	45	844	3.30	612.3	15722	38.28	*31	31.74	79.25	21.38	6.74
% of Calories									*20.1%	20.4%	50.9%	30.9%	9.7%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Fri - 05/11/2018													
LEARNING CENTER/ PK B	Total												
CINNAMON ROLL	1 EA	87	5	90	0.60	13.3	0	0.0	*N/A*	2.33	12.33	3.33	1.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04

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Combined: LEARNING CENTER/ PK BREAKFAST/LEARNING CENTER/PK LUNCH

Weighted Values - Detailed

004 - WC LEARNING CENTER/PK

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
LEARNING CENTER/PK LU	Total												
PEPPERONI PIZZA	1 EA	200	17	440	1.80	133.3	200	0.0	*N/A*	10.67	23.33	8.0	3.33
SALAD EL/MS	cup	13	0	86	0.38	12.8	3377	1.55	*N/A*	0.48	2.61	0.12	0.02
CORN	1/2 CUP	80	0	1	0.38	2.5	220	4.59	4	2.85	17.51	1.25	0.16
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	50	0	5	0.25	5.2	181	1.65	12	0.35	13.0	0.06	0.01
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		557	29	732	3.56	466.2	4882	24.44	*36	25.23	90.52	13.71	5.78
% of Calories									*26.2%	18.1%	65.0%	22.2%	9.3%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Mon - 05/14/2018													
LEARNING CENTER/ PK B	Total												
CEREAL	SERVING	33	0	57	1.87	35.6	173	2.45	2	0.55	7.22	0.44	0.08
TOAST/ LEARNING CENTER	1 EA	24	0	46	0.46	63.8	7	0.0	0	0.99	4.1	0.35	0.09
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
LASAGNA LC	SERVINGS	180	36	317	1.60	224.2	523	8.53	*1	12.07	13.75	8.59	4.41
CORN ON THE COB	1 EACH	39	0	101	0.26	1.3	97	2.02	2	1.31	9.38	0.31	0.05
CARROTS (STEAMED)	1/2 CUP	26	0	38	0.58	34.5	12432	2.23	3	0.66	5.97	0.16	0.03
PEARS: canned,light syrup	1/2 CUP	48	0	4	0.24	4.2	0	0.59	10	0.16	12.77	0.03	0.00
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		477	43	672	5.15	662.6	14136	32.46	*37	24.30	74.92	10.82	5.24
% of Calories									*31.4%	20.4%	62.8%	20.4%	9.9%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

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# Wolfe City ISD

May 1, 2018 thru May 18, 2018

Planned Menu Spreadsheet

Combined: LEARNING CENTER/ PK BREAKFAST/LEARNING CENTER/PK LUNCH

Weighted Values - Detailed

004 - WC LEARNING CENTER/PK

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/15/2018													
LEARNING CENTER/ PK B	Total												
OATMEAL LC	1/2 CUP	38	0	8	0.31	9.3	31	0.0	*2	1.26	6.27	1.0	0.20
TOAST/ LEARNING CENTER	1 EA	24	0	46	0.46	63.8	7	0.0	0	0.99	4.1	0.35	0.09
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
CHICKEN ALFREDO LC	1/2 CUP	127	26	227	0.65	45.4	192	0.17	*1	7.72	14.0	4.44	2.22
SEASONED NEW POTATOES	1/2 cup	97	0	59	0.17	4.7	218	7.79	*0	1.08	12.16	4.92	1.00
BROCCOLI,raw florettes	1/2 cup	6	0	6	0.18	10.1	630	19.57	*N/A*	0.63	1.1	0.07	0.01
FRUIT,FRESH ASSORTED	1 EACH	42	0	4	0.17	10.4	846	17.94	8	0.64	10.66	0.17	0.04
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		461	33	459	2.11	442.8	2828	62.12	*32	20.88	70.03	11.92	4.15
% of Calories									*28.2%	18.1%	60.8%	23.3%	8.1%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Wed - 05/16/2018													
LEARNING CENTER/ PK B	Total												
PIG IN A BLANKET LC	1 EACH	46	8	53	0.90	13.3	133	0.8	*N/A*	2.32	5.64	1.49	0.50
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
ORANGE CHICKEN	1 EACH	113	40	120	0.48	13.3	25	0.0	*N/A*	9.33	7.33	4.67	1.00
EGG ROLL	1 EA	107	20	273	1.20	26.7	500	4.0	*N/A*	6.67	13.33	3.33	0.67
RICE	servings	145	0	85	0.59	11.0	0	0.0	*0	3.11	30.3	1.14	0.23
ORIENTAL VEGGIES	1/2 CUP	10	0	6	0.10	6.5	89	4.8	*N/A*	0.38	1.54	0.0	0.00
APPLESAUCE	1/2 CUP	56	0	2	0.10	2.4	5	1.39	12	0.13	14.28	0.14	0.02
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		604	75	648	3.52	372.2	1656	27.63	*32	30.50	94.15	11.72	3.01
% of Calories									*21.5%	20.2%	62.3%	17.5%	4.5%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Thu - 05/17/2018													
LEARNING CENTER/ PK B	Total												
BREAKFAST PIZZA	1 EA	70	5	143	0.48	50.0	7	0.0	*N/A*	3.34	8.34	2.67	0.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04
LEARNING CENTER/PK LU	Total												
MOZZARELLA STICKS	5 EACH	277	20	391	0.43	3061.3	14418	20.8	*1	13.08	26.05	13.25	4.74
CARROTS (STEAMED)	1/2 CUP	26	0	38	0.58	34.5	12432	2.23	3	0.66	5.97	0.16	0.03
BAKED BEANS	1/2 CUP	84	0	98	18.93	306.4	4771	0.0	*N/A*	4.23	18.7	0.33	0.06
FRUIT,FRESH ASSORTED	1 EACH	42	0	4	0.17	10.4	846	17.94	8	0.64	10.66	0.17	0.04
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		626	32	783	20.75	3761.7	33378	57.61	*32	30.51	91.45	17.53	6.13
% of Calories									*20.3%	19.5%	58.4%	25.2%	8.8%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Fri - 05/18/2018													
LEARNING CENTER/ PK B	Total												
CINNAMON ROLL	1 EA	87	5	90	0.60	13.3	0	0.0	*N/A*	2.33	12.33	3.33	1.67
FRUIT,FRESH ASSORTED	1 EACH	21	0	2	0.09	5.2	423	8.97	4	0.32	5.33	0.09	0.02
JUICE	1/2 CUP	19	0	5	0.00	0.0	0	7.68	4	0.18	4.53	0.0	0.00
MILK,1% Lowfat	HALF PINT	6	1	7	0.00	18.9	30	0.0	1	0.51	0.75	0.15	0.10
MILK,Skim	HALF PINT	22	1	27	0.02	79.7	133	0.0	3	2.2	3.24	0.05	0.04

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
LEARNING CENTER/PK LU	Total												
TURKEY W/CHEESE SANDWICH	1 EACH	176	30	728	1.61	138.2	122	2.73	4	14.41	17.47	5.15	2.17
PRETZELS	1 EA	60	0	200	0.72	0.0	0	0.0	0	1.33	10.0	1.33	0.00
CARROT STICKS- baby	1bag	20	0	44	0.51	18.0	7818	1.5	0	0.36	4.62	0.07	0.01
APPLESAUCE	1/2 CUP	56	0	2	0.10	2.4	5	1.39	12	0.13	14.28	0.14	0.02
PICKLES	8 ea	4	0	302	0.10	21.3	47	0.86	0	0.19	0.9	0.11	0.03
MILK,1% Lowfat	HALF PINT	25	3	27	0.02	75.6	119	0.0	3	2.04	3.02	0.59	0.38
MILK,Skim	HALF PINT	33	2	41	0.03	119.6	200	0.0	5	3.3	4.86	0.08	0.05
Weighted Daily Average		530	42	1475	3.79	492.3	8896	23.13	*37	27.31	81.33	11.09	4.49
% of Calories									*27.9%	20.6%	61.4%	18.8%	7.6%
Nutrient Guideline		483-600		1000								<=30.0	<10.00

Weighted Average		547	41	856	5.21	764.7	8142	38.33	*34 *56.4%	27.09 19.8%	81.29 59.4%	14.02 23.1%	5.02 8.3%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	547		483 - 600	100%				
Cholesterol (mg)	41							
Sodium (mg)	856		1000					
Iron (mg)	5.21							
Calcium (mg)	764.7							
Vitamin A (IU)	8142							
Sugars (g)	34	25.07%			Missing			
Vitamin C (mg)	38.33							
Protein (g)	27.09	19.80%						
Carbohydrate (g)	81.29	59.41%						
Total Fat (g)	14.02	23.06%	<=30.00%					
Saturated Fat (g)	5.02	8.26%	<10.00%					

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