

Wolfe City ISD

004 - WC LEARNING CENTER/PK

Sep 21, 2017

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/2/2017 CHEESE NACHOS SALAD w/RANCH FRESH BROCCOLI FRESH FRUIT 1% MILK MILK,Skim	Tue - 10/3/2017 SPAGHETTI CORN ON THE COB GREEN BEANS BREAD STICKS APPLESAUCE 1% MILK MILK,Skim	Wed - 10/4/2017 CHICKEN TACO REFRIED BEANS SALAD w/RANCH FRESH FRUIT 1% MILK MILK,Skim	Thu - 10/5/2017 HAMBURGER HELPER MASHED POTATOES RANCH STYLE BEANS BREAD FRUIT COCKTAIL 1% MILK MILK,Skim	Fri - 10/6/2017 HAMBURGER POTATO WEDGES CARROT STICKS FRESH FRUIT 1% MILK MILK,Skim
Mon - 10/9/2017 CHICKEN NUGGETS MASHED POTATOES BROCCOLI & CHEESE PEACHES ROLL 1% MILK MILK,Skim KETCHUP	Tue - 10/10/2017 CORN DOG CARROT STICKS SALAD w/RANCH FRESH FRUIT 1% MILK MILK,Skim KETCHUP	Wed - 10/11/2017 TACO BURGER LETTUCE & TOMATO PINTO BEANS FRESH FRUIT 1% MILK MILK,Skim	Thu - 10/12/2017 SEA TREASURES SALAD w/RANCH GREEN BEANS BREAD STICKS PINEAPPLE CHUNKS 1% MILK MILK,Skim	Fri - 10/13/2017 PEPPERONI PIZZA STEAMED VEGGIES SALAD w/RANCH FRESH FRUIT 1% MILK MILK,Skim
Mon - 10/16/2017 HOLIDAY	Tue - 10/17/2017 HOT DOG BAKED BEANS HASHBROWNS CARROT STICKS PEACHES 1% MILK MILK,Skim KETCHUP	Wed - 10/18/2017 BURRITO REFRIED BEANS SPANISH RICE SALAD w/RANCH FRESH FRUIT 1% MILK MILK,Skim	Thu - 10/19/2017 STEAK FINGERS MASHED POTATOES GREEN BEANS BREAD PINEAPPLE CHUNKS 1% MILK MILK,Skim KETCHUP	Fri - 10/20/2017 HAMBURGER POTATO WEDGES BURGER FIXINS APPLESAUCE 1% MILK MILK,Skim KETCHUP
Mon - 10/23/2017 PARMESAN CHICKEN MASHED POTATOES BLACKEYED PEAS PINEAPPLE CHUNKS BREAD 1% MILK MILK,Skim	Tue - 10/24/2017 QUESADILLA PINTO BEANS SALAD w/RANCH FRESH FRUIT 1% MILK MILK,Skim	Wed - 10/25/2017 GRILLED CHEESE SANDW VEGGIE SOUP FRESH BROCCOLI PEACHES 1% MILK MILK,Skim	Thu - 10/26/2017 CRISPY CHICKEN WRAP PINTO BEANS STEAMED CARROTS FRESH FRUIT 1% MILK MILK,Skim	Fri - 10/27/2017 PEPPERONI PIZZA SALAD w/RANCH CORN FRUIT COCKTAIL 1% MILK MILK,Skim

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/30/2017 LASAGNA CORN ON THE COB STEAMED CARROTS PEARS 1% MILK MILK,Skim	Tue - 10/31/2017 ORANGE CHICKEN EGG ROLL RICE ORIENTAL VEGGIES APPLESAUCE 1% MILK MILK,Skim			

Menu is subject to change.
This institution is an equal opportunity provider.

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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