

# MARCH 2019

## BGS/LES/YCMS/YCHS

Menu is subject to change

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Breakfast Sliders  
Choice of Toaster Pastry  
Choice of Yogurts  
Fresh Fruit Bowl  
Sliced Apples

**4**

Assorted Cold Cereals  
Assorted Muffin Loaves  
Choice of Yogurts  
Pineapple Tidbits  
Fresh Bananas

**5**

Bagel with Sausage  
Breakfast Smoothie  
Rice Treat Bar  
Chilled Pear Halves  
Fresh Apples

**6**

Sausage and Pancake  
on a Stick  
Cheese Omelet Blueberries with Whipped  
topping  
Chilled Peach Slices  
Fresh Fruit Cup

**7**

Breakfast Sliders  
Choice of Toaster Pastry  
Choice of Yogurt  
Fresh Fruit Bowl  
Sliced Apples

**1**

Trix Cereal  
Fruit Flavor Cereal Bar  
Strawberry Yogurt  
Fresh Fruit Cup  
Fresh Apples

**8**

Spring Break

**11**

Spring Break

**12**

Spring Break

**13**

Spring Break

**14**

Spring Break

**15**

Sausage and Biscuit  
Assorted Breakfast Breads  
Scrambled Egg Patty  
Fresh Fruit Bowl  
Sliced Apples

**18**

Rice Treat Bar  
Fruit Flavor Cereal Bar  
Assorted Cold Cereals  
Choice of Yogurts  
Tropical Apples  
Fresh Fruit Bowl

**19**

Mini Pancakes in a Bag  
Breakfast Smoothie  
Blueberry Muffin Loaf  
Fresh Apples  
Assorted Fruit Juices

**20**

Assorted Breakfast Breads  
Assorted Cold Cereals  
Applesauce  
Fresh Fruit Bowl  
Yogurt Parfait

**21**

Assorted Cold Cereals  
Z Bread Breakfast Bread  
Apple and Orange Wedges  
Fresh Fruit Bowl

**22**

Breakfast Chicken Patty  
Assorted Breakfast Bread  
Fresh Fruit Bowl  
Sliced Apples

**25**

Assorted Cold Cereals  
Breakfast Burrito  
Choice of Yogurt  
Pineapple Tidbits  
Fresh Bananas

**26**

French toast Sticks  
Breakfast Smoothie  
Chocolate Chip Muffin Loaf  
Fresh Grapes  
Assorted Fruit Juices

**27**

Ham Slice  
Southern Biscuit  
Assorted Breakfast Bread  
Fresh Fruit Bowl  
Fruit Cocktail

**28**

Assorted Breakfast Breads  
Fruit Flavor Cereal Bar  
Sliced Apples and Grapes  
Applesauce  
Yogurt Parfait

**29**

Served Daily: Assorted Milks – Low fat, Chocolate, Strawberry, Vanilla Fat Free

Assorted Juices – Apple, Orange, Grape, Pineapple, Orange

Condiments: Mayo, Mustard, Ketchup, Salad Dressings, Crackers, Croutons, Salsa

This Institution is an equal opportunity provider.



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

4  
Tuna Salad Sandwich  
Roasted Chicken  
Broccoli Florets with Dip  
California Vegetables  
Chilled Peach Slices  
Apricots

5  
Taco Pie  
Tuna Salad  
Tomatoes and Carrots with Dip  
Tater Tots  
Fresh Fruit Cup  
Banana Berry Blend

6  
Grilled Chicken Salad  
Peperoni Pizza  
Seasoned Lima Beans  
Raw Vegetables with Dip  
Fruit Cocktail  
Fruited Gelatin

7  
Grilled Chicken Sandwich  
Cheesy Chicken over Rice  
Turnip Greens  
Whole Kernel Corn  
Fresh Apples  
Chilled Diced Pears

8  
Brunch For Lunch 1  
Ham Slice with Macaroni  
and Cheese  
Chicken Tenders Salad  
Cheesy Broccoli  
Mixed Vegetables  
Tropical Fruit  
Strawberries

11  
SPRING BREAK

12  
SPRING BREAK

13  
SPRING BREAK

14  
SPRING BREAK

15  
SPRING BREAK

18  
Bacon Cheeseburger  
Chef Salad  
Steamed Broccoli Spears  
Raw Vegetables with Dip  
Chilled Pear Halves  
Calico Fruit

19  
Chef Salad  
Stuffed Crust Pizza  
Steamed Carrots  
Whole Kernel Corn  
Apple Sauce  
Fresh Fruit Bowl

20  
Fruit and Yogurt Plate  
Grilled Chicken Sandwich  
Baked Beans  
Carrot Raisin Salad  
Mandarin Fruit Cup  
Chilled Peaches

21  
Chicken Tenders  
Fruit and Yogurt Plate  
Mashed Potatoes  
Green Beans  
Hot Cinnamon Apples  
Fresh Fruit Bowl  
Roll

22  
[Enter Menu Items]

25  
Beef a Roni  
Vegetable Beef Soup  
Broccoli Florets with Dip  
Tomato and Cucumber Salad  
Oranges (Fresh)  
Banana Berry Blend

26  
Philly Steak Sandwich  
Beefy Nachos Grande  
Tomatoes with Dip  
Potato Wedges  
Rosy Applesauce  
Fresh Fruit Bowl  
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27  
Ranch Chicken Salad  
Beef Taco Soft Shell  
Tex-Mex Beans  
Sweet Potato Fries  
Pineapple Tidbits  
Orange Smiles

28  
Mandarin Chicken with Rice  
Ham and Turkey on a Bun  
Raw Vegetables with Dip  
Peas and Carrots  
Apple and Orange Wedges  
Fresh Fruit Bowl  
Ro  
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29  
[Enter Menu Items]

Served Daily: Assorted Milks – Low fat, Chocolate, Strawberry, Vanilla Fat Free  
Assorted Juices – Apple, Orange, Grape, Pineapple, Orange  
Condiments: Mayo, Mustard, Ketchup, Salad Dressings, Crackers, Croutons, Salsa

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### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Brunch For Lunch **1**

**4**  
 Fruit and Yogurt Plate  
 Mexican Pizza  
 Chicken Alfredo  
 Turnip Greens/Garden Salad with Dressing /Whole Kernel Corn  
 Chilled Peach Slices/Apricots  
 Apple In a bag  
 Roll

**5**  
 Spicy Chicken Sandwich  
 Fruit and Yogurt Plate  
 Seasoned Baked Chicken  
 Yam Patty/Tater Tots/Garden Salad with Dressing  
 Hot Cinnamon Apples  
 Fresh Fruit Bowl/Frozen Fruit Cup  
 Roll

**6**  
 Ham and Cheese on a bun  
 Fruit and Yogurt Plate  
 Spicy Chicken Sandwich  
 Black eyed Peas/Steamed Carrots/Mixed Vegetables  
 Fruit Gelatin/Fruit Cocktail/Fresh Fruit Bowl

**7**  
 Beefy Nachos Grande  
 Fruit and Yogurt Plate  
 Grilled Cheese Sandwich  
 Whole Kernel Corn/Tossed Salad with Dressing/Baked Beans  
 Chilled Diced Pears  
 Fresh Apples  
 Orange Smiles

**8**  
 Mac and Cheese with Ham Slice  
 Fruit and Yogurt Plate  
 Spicy Chicken Sandwich  
 Baked Sweet Potato/Baby Carrots with Dip/Green Beans  
 Bananas/Strawberries/Pear Salad  
 Roll

**11**  
 SPRING BREAK

**12**  
 SPRING BREAK

**13**  
 SPRING BREAK

**14**  
 SPRING BREAK

**15**  
 SPRING BREAK

**18**  
 Ham and Turkey on a Bun  
 Fruit and Yogurt Plate  
 Grilled Chicken Salad  
 Raw Vegetables with Dip  
 Potato Wedges  
 Steamed Broccoli  
 Chilled Peaches/Fruit Cocktail/Fresh Fruit Bowl

**19**  
 Chicken Tenders  
 Pepperoni Pizza  
 Black eyed Peas  
 Sweet Potato Fries  
 Green Beans  
 Fresh Fruit Bowl/Fresh Apples  
 Chilled Peaches  
 Roll

**20**  
 Bacon Burger  
 Tuna Salad  
 Pinto Beans  
 Baby Carrots with Dressing  
 Garden Salad with dressing  
 Orange Smiles  
 Rosy Applesauce  
 Fresh Fruit Bowl

**21**  
 Baked Pork Chops  
 Tuna Salad  
 Whole Kernel  
 Broccoli Florets with Dip  
 Green Beans  
 Diced Pears  
 Pineapple Tidbits  
 Fresh Fruit Bowl

**22**

[Enter Menu Items] **25**

**26**  
 Cheesy Chicken over Rice  
 Fruit and Yogurt Plate  
 Turnip Greens/Vegetable Juice/Whole Kernel Corn  
 Apple and Orange Wedges  
 Fruited Gelatin  
 Chilled Pear Halves  
 Roll

**27**  
 Steak Fingers  
 Fruit and Yogurt Plate  
 Baked Beans  
 Baked Sweet Potatoes  
 Green Beans  
 Gilled Diced Pears  
 Kiwi Wedges  
 Fresh Fruit Bowl

**28**  
 Cheesy Breadstick with Chili  
 Fruit and Yogurt Plate  
 Mexicorn  
 Raw Vegetables with Dip  
 Green Beans  
 Orange Smiles  
 Strawberry Slices  
 Chilled Peaches

**29**  
 Stuffed Crust Pizza  
 Vegetable Beef Sour with Sandwich  
 Whole Kernel Corn  
 Tomatoes and Carrots in Dip  
 Apple and Orange Wedges  
 Hot Cinnamon Apples  
 Chilled Pear Halves

[Enter Additional Info]

