

Yazoo County School District

Breakfast K - 5

006 - Yazoo County Elem Breakfast

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Pancakes Sausage Patty Assorted Cold Cereals Assorted Muffin Loave Rice Treat Bar Chilled Mandarin Oranges Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 3 Breakfast Sliders Breakfast Smoothie Banana Muffin Yogurts and Muffins Fresh Grapes Chilled Diced Pears Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 4 Breakfast Boat Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Chilled Peach Slices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 5 Southern Biscuit Scrambled Eggs Hot Grits Bagel & Choice of Yog Assorted Fruit Juices Fresh Oranges Assorted Jellies Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 6 Breakfast Burrito Apple Frudel Assorted Cold Cereals Assorted Muffin Loave String Cheese Choice of Strawberry & Blueberry Yogurts Assorted Fruit Juices Blueberries Salsa Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk
Oct - 9 Holiday/Columbus Day	Oct - 10 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 11 Pancakes Sausage Patty Rice Treat Bar Fruit Loops Cereal Assorted Muffin Loave Sliced Strawberries Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 12 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar String Cheese Breakfast Smoothie Fresh Bananas Blueberries Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 13 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Oct - 16 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 17 Southern Biscuit Sausage Patty Assorted Muffin Loave Breakfast Smoothie Blueberries Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 18 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Choice of Strawberry & Blueberry Yogurts Apple and Orange We Chilled Peach Slices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 19 Manager Choice 60% Day	Oct - 20 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre String Cheese Fruit Flavor Cereal Bar Blueberries Fresh Melon Cubes Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Breakfast K - 5

006 - Yazoo County Elem Breakfast

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 23 Breakfast Sausage Piz Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 24 Chicken Patty & Biscuit Blueberries Sliced Strawberries Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 25 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Assorted Fruit Juices Chilled Peach Slices Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 26 Sausage & Pancake on a Stick Yogurts and Muffins Fruit Flavor Cereal Bar String Cheese Blueberries Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 27 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Fresh Apples Fresh Bananas Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Oct - 30 Assorted Muffin Loave Assorted Cold Cereals Mini Cinnis Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 31 Pancakes Sausage Patty Rice Treat Bar Froot Loops Cereal Assorted Muffin Loave Sliced Strawberries Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk			

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District
K-12 Breakfast
005 - Yazoo County MS & HS Breakfast
October, 2017

Sep 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Pancake Sausage Patty Assorted Cold Cereals Assorted Muffin Loave Breakfast Smoothie Mandarin Fruit Cup Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 3 Breakfast Sliders Yogurts and Muffins Rice Treat Bar Fresh Grapes Chilled Diced Pears Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 4 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Pineapple Tidbits Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 5 Southern Biscuit Scrambled Eggs Hot Grits Chilled Peach Slices Fresh Bananas Assorted Jellies Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 6 Breakfast Burrito Apple Frudel Assorted Cold Cereals Assorted Muffin Loave String Cheese Assorted Fruit Juices Blueberries Salsa Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk
Oct - 9 Holiday/Columbus Day	Oct - 10 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Choice of Strawberry & Blueberry Yogurts Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 11 Pancakes Sausage Patty Sliced Strawberries Fresh Oranges Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 12 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Assorted Fruit Juices Blueberries Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 13 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Oct - 16 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Breakfast Smoothie Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 17 Southern Biscuit Sausage Patty Sliced Strawberries Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 18 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Assorted Fruit Juices Fresh Oranges Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 19 Manager Choice 60% Day	Oct - 20 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Breakfast Smoothie Fresh Bananas Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District
K-12 Breakfast
005 - Yazoo County MS & HS Breakfast
October, 2017

Sep 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 23 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 24 Chicken Patty & Biscuit Fresh Oranges Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 25 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Assorted Fruit Juices Fresh Pears Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 26 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Fruit Cocktail Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 27 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Apples in a Bag Fresh Bananas Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Oct - 30 Assorted Muffin Loave Assorted Cold Cereals Mini Cinnis Fruit Flavor Cereal Bar Choice of Strawberry & Blueberry Yogurts Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 31 Pancakes Sausage Patty Sliced Strawberries Fresh Oranges Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk			

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch k-5

007 - Yazoo County Elem Schools

October, 2017

Oct 2, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Tomatoes & Carrots w/ Pineapple Tidbits Fresh Oranges Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 3 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Cucumber Sticks W/Di Black-Eyed Peas Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Broccoli, Cheese, and Rice Casserole Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 4 Corn Dog Beef & Bean Burrito Chef Salad Saltine Crackers Baked Beans Corn on the Cob Tomatoes & Carrots w/ Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Salsa Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Oct - 5 Red Beans and Rice with Sausage Grilled Cheese Sandwi Chef Salad Saltine Crackers Summer Squash Steamed Spinach Baby Carrots w/ Dressi Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Whole Wheat Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 6 Hamburger w/ Trimm Chef Salad Saltine Crackers Oven Baked Potato W Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk
Oct - 9 Holiday/Columbus Day	Oct - 10 Turkey & Cheese Ho Chef Salad Saltine Crackers Tuna Salad with Crack Baked Sweet Potatoes with Apples Lima Beans Fresh Apples Frozen Fruit Juice Cup Mayonnaise Mustard, PC, MS1538 Ketchup Fat Free Milk Strawberry Milk Chocolate Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 11 Pigs in a Blanket Tuna Salad with Crack Chef Salad Saltine Crackers Baked Beans Steamed Broccoli Spe Baby Carrots Fresh Fruit Bowl Fruit Slushes Applesauce Mustard, PC, MS1538 Ketchup Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 12 Taco Salad in a Bowl Grilled Cheese Sandwi Saltine Crackers Chef Salad Black Bean Salad Southern Turnip Green Corn on the Cob Fruit Cocktail Frozen Fruit Juice Cup Fresh Fruit Bowl Taco Sauce Sour Cream Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 13 Stuffed Crust Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers California Veggies Assorted Vegetable Jui Southern Collard Gree Fresh Fruit Bowl Fruit Slushes Chilled Peach Slices Fat Free Milk Strawberry Milk Chocolate Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 16 Chicken Nuggets Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Mustard Gre Fruit Cocktail Fresh Pears Yeast Roll Variety of Dipping Sau Ketchup Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk	Oct - 17 Glazed BBQ Meatballs on Hoagie Bun Chef Salad Saltine Crackers Black-Eyed Peas Summer Squash Carrot-Raisin Salad Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Pasta with Italian Red Sauce Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 18 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Field Peas Tomatoes with Dip Chilled Peach Slices Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 19 Manager Choice 60% Day	Oct - 20 Chili Cheese over Chip Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Raw Veggies with Dip Fresh Grapes Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Oct - 23 Meatloaf Chef Salad Saltine Crackers Steamed Spinach Raw Veggies with Dip Pinto Beans Pineapple Tidbits Fresh Fruit Bowl Steamed Brown Rice Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 24 Mandarin Chicken Chef Salad Saltine Crackers Steamed Cabbage Lima Beans Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Stir Fried Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 25 Boneless Buffalo Hot Wings Philly Cheese Steak Sandwich Chef Salad Saltine Crackers Criss Cut Sweet Potato Celery Sticks with Dip California Veggies Pineapple Tidbits Fresh Fruit Bowl Yeast Roll Mayonnaise Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 26 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Peas and Carrots Tomatoes with Dip Fruit Slushes Fresh Pears Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 27 Bacon Burger Hamburger w/ Trimmin Chef Salad Saltine Crackers Oven Baked Potato W Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch k-5

007 - Yazoo County Elem Schools

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30 Brunch for Lunch Waffles in a Bag Chicken Tenders Pancakes Sausage Patty Scrambled Eggs Chef Salad Fruit and Yogurt Plate Saltine Crackers Hashbrown Potatoes Assorted Vegetable Jui Fresh Fruit Bowl Assorted Fruit Juices Fresh Melon Cubes Pancake Syrup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 31 Spicy Chicken Sandwic Mini Hot Dogs Chef Salad Saltine Crackers Crinkle Cut Fries Lima Beans Tomatoes with Dip Pineapple Tidbits Fresh Oranges Fresh Fruit Bowl Assorted Gelatins Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk			

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 6-8

003 - Yazoo County Middle School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Cucumber Sticks W/Di Frozen Fruit Juice Cup Pineapple Tidbits Fresh Oranges Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 3 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Tomatoes with Dip Sliced Carrots Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Broccoli, Cheese, and Rice Casserole Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 4 Corn Dog Beef & Bean Burrito Fruit and Yogurt Plate Chef Salad Saltine Crackers Baked Beans Corn on the Cob Raw Veggies with Dip Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Salsa Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Oct - 5 Red Beans and Rice with Sausage Grilled Cheese Sandwi Chef Salad Saltine Crackers Summer Squash Steamed Spinach Tomatoes with Dip Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Whole Wheat Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 6 Hamburger w/ Trimmin Chef Salad Saltine Crackers Seasoned Potato Wed Southern Collard Gree Celery Sticks with Dip Blueberries Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk
Oct - 9 Holiday/Columbus Day	Oct - 10 Turkey & Cheese Hoa Chef Salad Saltine Crackers Tuna Salad with Crack Lima Beans Baked Sweet Potato w/ Margarine Tomatoes with Dip Fresh Apples Frozen Fruit Juice Cup Mayonnaise Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 11 Pigs in a Blanket Tuna Salad with Crack Chef Salad Saltine Crackers Saltine Crackers Steamed Broccoli Spe Baked Beans Baby Carrots w/ Dressi Fruit Slushes Frozen Fruit Juice Cup Fresh Pears Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 12 Taco Salad in a Bowl Grilled Cheese Sandwi Chef Salad Saltine Crackers Southern Turnip Green Corn on the Cob Black Bean Salad Fruit Cocktail Fresh Oranges Fruit Slushes Taco Sauce Sour Cream Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 13 Stuffed Crust Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers California Veggies Assorted Vegetable Jui Green Beans Fresh Fruit Bowl Frozen Fruit Juice Cup Chilled Peach Slices Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 6-8

003 - Yazoo County Middle School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 16 Chicken Nuggets Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Collard Gree Fruit Cocktail Fresh Oranges Assorted Fruit Juices Yeast Roll Variety of Dipping Sau Ketchup Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk	Oct - 17 Glazed BBQ Meatballs on Hoagie Bun Chef Salad Saltine Crackers Black-Eyed Peas Summer Squash Carrot-Raisin Salad Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Pasta with Italian Red Sauce Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 18 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Field Peas Tomatoes with Dip Fruit Cocktail Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 19 Manager Choice 60% Day	Oct - 20 Chili Cheese over Chip Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Green Pea Salad Blushing Chilled Pears Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Oct - 23 John Wayne Casserole Chef Salad Saltine Crackers Steamed Spinach Raw Veggies with Dip Pinto Beans Pineapple Tidbits Fresh Fruit Bowl Assorted Fruit Juices Yeast Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 24 Mandarin Chicken Chef Salad Saltine Crackers Steamed Cabbage Peas and Carrots Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Stir Fried Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk	Oct - 25 Boneless Buffalo Hot Wings Philly Cheese Steak Sandwich Chef Salad Saltine Crackers Criss Cut Sweet Potato Celery Sticks with Dip California Veggies Fresh Fruit Bowl Pineapple Tidbits Assorted Fruit Juices Yeast Roll Mayonnaise Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 26 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Mixed Vegetables Tomatoes with Dip Fruit Slushes Fresh Pears Chilled Peaches Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 27 Bacon Burger Chef Salad Saltine Crackers Oven Baked Potato W Celery Sticks with Dip Field Peas Fresh Fruit Bowl Frozen Fruit Juice Cup Mayonnaise Ketchup Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 6-8

Sep 28, 2017

003 - Yazoo County Middle School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30	Oct - 31			
Brunch for Lunch Waffles in a Bag Chicken Tenders Pancakes Sausage Patty Scrambled Eggs Chef Salad Saltine Crackers Fruit and Yogurt Plate Hashbrown Potatoes Assorted Vegetable Jui Fresh Fruit Bowl Assorted Fruit Juices Pancake Syrup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Spicy Chicken Sandwic Mini Hot Dogs Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Cucumber Sticks W/Di Frozen Fruit Juice Cup Pineapple Tidbits Fresh Oranges Assorted Gelatins Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk			

Menu are subject to change.
We are not allowed to charge meals
This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 9-12

004 - Yazoo County High School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W/ Lima Beans Tomatoes & Carrots w/ Fresh Fruit Bowl Pineapple Tidbits Fresh Oranges Vanilla Pudding Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 3 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Celery Sticks with Dip Sliced Carrots Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Broccoli, Cheese, and Rice Casserole Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 4 Corn Dog Beef & Bean Burrito Chef Salad Saltine Crackers Baked Beans Corn on the Cob Raw Veggies with Dip Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Chocolate Chip Cooki Salsa Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Oct - 5 Red Beans and Rice with Sausage Grilled Cheese Sandwi Chef Salad Saltine Crackers Summer Squash Steamed Spinach Tomatoes with Dip Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Whole Wheat Roll Oatmeal Raisin Cooki Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Oct - 6 Hamburger w/ Trimmin Chef Salad Saltine Crackers Oven Baked Potato W/ Southern Collard Gree Celery Sticks with Dip Blueberries Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk
Oct - 9 Holiday/Columbus Day	Oct - 10 Turkey & Cheese Hoa Chef Salad Saltine Crackers Tuna Salad with Crack Baked Sweet Potato w/ Margarine Lima Beans Tomatoes with Dip Fresh Fruit Bowl Pineapple Tidbits Fruit Slushes Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 11 Pigs in a Blanket Tuna Salad with Crack Chef Salad Saltine Crackers Baked Beans Steamed Broccoli Spe Baby Carrots Chilled Peach Slices Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Pudding Vanilla Pudding Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk	Oct - 12 Tacos Ole with Chips Grilled Cheese Sandwi Chef Salad Saltine Crackers Black Bean Salad Southern Turnip Green Corn on the Cob Fruit Cocktail Fresh Apples Fruit Slushes Chocolate Chip Cooki Sour Cream Taco Sauce Chocotate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 13 Stuffed Crust Pizza Pepperoni Pizza Wedg Fruit and Yogurt Plate Chef Salad Saltine Crackers California Veggies Southern Mustard Gre Raw Veggies with Dip Fresh Bananas Chilled Peach Slices Frozen Fruit Juice Cup Assorted Puddings Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 9-12

004 - Yazoo County High School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 16 Chicken Nuggets Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Collard Gree Fruit Cocktail Fresh Oranges Frozen Fruit Juice Cup Yeast Roll Vanilla Pudding Variety of Dipping Sau Ketchup Chocolate Pudding Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Oct - 17 Glazed BBQ Meatballs on Hoagie Bun Chef Salad Saltine Crackers Black-Eyed Peas Summer Squash Carrot-Raisin Salad Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Pasta with Italian Red Sauce Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 18 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Field Peas Tomatoes with Dip Fruit Cocktail Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Oct - 19 Manager Choice 60% Day	Oct - 20 Chili Cheese over Chip Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Green Pea Salad Blushing Chilled Pears Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Oct - 23 John Wayne Casserole Chef Salad Saltine Crackers Pinto Beans Steamed Spinach Raw Veggies with Dip Pineapple Tidbits Fresh Fruit Bowl Fruit Slushes Yeast Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 24 Mandarin Chicken Chef Salad Saltine Crackers Steamed Cabbage Peas and Carrots Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Stir Fried Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 25 Boneless Buffalo Hot Wings Philly Cheese Steak Sandwich Chef Salad Saltine Crackers Quick Baked Potato Celery Sticks with Dip Black-Eyed Peas Pineapple Tidbits Fruit Slushes Fresh Fruit Bowl Yeast Roll Oatmeal Raisin Cooki Mayonnaise Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Oct - 26 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Mixed Vegetables Tomatoes with Dip Fruit Slushes Fresh Pears Chilled Peaches Whole Wheat Roll Mayonnaise Mustard, PC, MS1538 Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Oct - 27 Bacon Burger Chef Salad Saltine Crackers Oven Baked Potato W Cucumber Sticks W/DI Field Peas Pineapple Tidbits Frozen Fruit Juice Cup Fresh Fruit Bowl Mayonnaise Ketchup Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 9-12

Oct 2, 2017

004 - Yazoo County High School

October, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30	Oct - 31			
Brunch for Lunch Waffles in a Bag Chicken Tenders Pancakes Sausage Patty Scrambled Eggs Chef Salad Fruit and Yogurt Plate Saltine Crackers Hashbrown Potatoes Assorted Vegetable Jui Fresh Fruit Bowl Assorted Fruit Juices Fresh Melon Cubes Pancake Syrup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Spicy Chicken Sandwic Chicken Patty Sandwic Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Tomatoes & Carrots w/ Fresh Fruit Bowl Pineapple Tidbits Fresh Oranges Assorted Gelatins Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk			

Menu are subject to change.
We are not allowed to charge meals
This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.