

Yazoo County School District
K-12 Breakfast
005 - Yazoo County MS & HS Breakfast
September, 2017

Aug 30, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Manager Choice Breakfast Smoothie
Sep - 4 Labor Day	Sep - 5 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Choice of Strawberry & Blueberry Yogurts Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 6 Pancakes Sausage Patty Sliced Strawberries Fresh Oranges Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 7 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Assorted Fruit Juices Blueberries Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 8 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Sep - 11 Pancake Sausage Patty Assorted Cold Cereals Assorted Muffin Loave Breakfast Smoothie Mandarin Fruit Cup Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 12 Breakfast Sliders Yogurts and Muffins Rice Treat Bar Fresh Grapes Chilled Diced Pears Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 13 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Pineapple Tidbits Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 14 Southern Biscuit Scrambled Eggs Hot Grits Chilled Peach Slices Fresh Bananas Assorted Jellies Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 15 Breakfast Burrito Apple Frudel Assorted Cold Cereals Assorted Muffin Loave String Cheese Assorted Fruit Juices Blueberries Salsa Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk
Sep - 18 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Breakfast Smoothie Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 19 Southern Biscuit Sausage Patty Sliced Strawberries Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 20 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Assorted Fruit Juices Fresh Grapes Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 21 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 22 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Breakfast Smoothie Fresh Bananas Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District
K-12 Breakfast
005 - Yazoo County MS & HS Breakfast
September, 2017

Aug 30, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 26 Chicken Patty & Biscuit Fresh Oranges Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 27 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Assorted Fruit Juices Fresh Pears Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 28 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Fruit Cocktail Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 29 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Apples in a Bag Fresh Bananas Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Breakfast K - 5

007 - Yazoo County Elem Schools

September, 2017

Aug 30, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Manager Choice Breakfast Smoothie
Sep - 4 Labor Day	Sep - 5 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 6 Pancakes Sausage Patty Rice Treat Bar Froot Loops Cereal Assorted Muffin Loave Sliced Strawberries Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 7 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar String Cheese Breakfast Smoothie Fresh Bananas Blueberries Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 8 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Melon Cubes Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk
Sep - 11 Pancakes Sausage Patty Assorted Cold Cereals Assorted Muffin Loave Rice Treat Bar Chilled Mandarin Oranges Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 12 Breakfast Sliders Breakfast Smoothie Banana Muffin Yogurts and Muffins Fresh Grapes Chilled Diced Pears Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 13 Breakfast Boat Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Fresh Apples Chilled Peach Slices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 14 Southern Biscuit Scrambled Eggs Hot Grits Bagel & Choice of Yog Assorted Fruit Juices Fresh Oranges Assorted Jellies Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 15 Breakfast Burrito Apple Frudel Assorted Cold Cereals Assorted Muffin Loave String Cheese Choice of Strawberry & Blueberry Yogurts Assorted Fruit Juices Blueberries Salsa Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk
Sep - 18 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 19 Southern Biscuit Sausage Patty Assorted Muffin Loave Breakfast Smoothie Blueberries Assorted Fruit Juices Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 20 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Choice of Strawberry & Blueberry Yogurts Apple and Orange We Chilled Peach Slices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 21 Sausage & Pancake on a Stick Yogurts and Muffins Fresh Bananas Chilled Diced Pears Assorted Fruit Juices Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 22 Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre String Cheese Fruit Flavor Cereal Bar Blueberries Fresh Melon Cubes Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Breakfast K - 5

007 - Yazoo County Elem Schools

September, 2017

Aug 30, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25 Breakfast Sausage Piz Assorted Muffin Loave Assorted Cold Cereals Assorted Breakfast Bre Fruit Flavor Cereal Bar Applesauce Assorted Fruit Juices Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 26 Chicken Patty & Biscuit Blueberries Sliced Strawberries Assorted Jellies Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 27 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Breakfast Smoothie Assorted Fruit Juices Chilled Peach Slices Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 28 Sausage & Pancake on a Stick Yogurts and Muffins Fruit Flavor Cereal Bar String Cheese Blueberries Chilled Diced Pears Pancake Syrup Fat Free Milk Low Fat Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 29 Assorted Muffin Loave Assorted Cold Cereals Chocolate Toaster Pas Fruit Flavor Cereal Bar Fresh Apples Fresh Bananas Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

Yazoo County School District

Lunch k-5

Aug 30, 2017

007 - Yazoo County Elem Schools
September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Manager Choice
Sep - 4 Labor Day	Sep - 5 Turkey & Cheese Ho Chef Salad Saltine Crackers Tuna Salad with Crack Baked Sweet Potatoes with Apples Lima Beans Fresh Apples Frozen Fruit Juice Cup Mayonnaise Mustard, PC, MS1538 Ketchup Fat Free Milk Strawberry Milk Chocolate Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 6 Pigs in a Blanket Grilled Cheese Sandwi Chef Salad Saltine Crackers Baked Beans Assorted Vegetable Jui Baby Carrots Fresh Fruit Bowl Fruit Slushes Applesauce Mustard, PC, MS1538 Ketchup Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 7 Taco Salad in a Bowl Tuna Salad with Crack Saltine Crackers Chef Salad Black Bean Salad Southern Turnip Green Tomatoes with Dip Fruit Cocktail Frozen Fruit Juice Cup Fresh Fruit Bowl Taco Sauce Sour Cream Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 8 Stuffed Crust Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers Corn on the Cob Assorted Vegetable Jui Seasoned Whole Gree Beans Fresh Fruit Bowl Fruit Slushes Chilled Peach Slices Fat Free Milk Strawberry Milk Chocolate Milk Low Fat Milk Vanilla Fat Free Milk
Sep - 11 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Tomatoes & Carrots w/ Pineapple Tidbits Fresh Oranges Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 12 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Cucumber Sticks W/DI Black-Eyed Peas Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Steamed Brown Rice Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 13 Corn Dog Beef & Bean Burrito Chef Salad Saltine Crackers Baked Beans Corn on the Cob Tomatoes & Carrots w/ Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Salsa Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Sep - 14 Grilled Cheese Sandwi BBQ Chicken Sandwic Chef Salad Saltine Crackers Whole Kernel Corn Steamed Spinach Baby Carrots w/ Dressi Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 15 Hamburger w/ Trimmin Chef Salad Saltine Crackers Seasoned Potato Wed Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch k-5

Aug 30, 2017

Page 2

007 - Yazoo County Elem Schools

September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 18 Chicken Nuggets Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Collard Gree Fruit Cocktail Fresh Pears Yeast Roll Variety of Dipping Sau Ketchup Mayonnaise Mustard, PC, MS1538 Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk	Sep - 19 Spaghetti & Meat Sauc Grilled Cheese Sandwi Chef Salad Saltine Crackers Seasoned Whole Gree Beans Summer Squash Steamed Cabbage Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Whole Wheat Garlic T Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 20 BBQ Rib Sandwich BBQ Chicken Sandwic Chef Salad Saltine Crackers Whole Kernel Corn Peas and Carrots Tomatoes with Dip Fresh Oranges Hot Cinnamon Apples Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 21 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Mixed Vegetables Tomatoes with Dip Chilled Peach Slices Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 22 Chili/Cheese Quesadill Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Baby Carrots w/ Dressi Fresh Grapes Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Sep - 25 Salisbury Steak W/Gra Chef Salad Saltine Crackers Steamed Spinach Raw Veggies with Dip Pinto Beans Pineapple Tidbits Sliced Strawberries Steamed Brown Rice Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 26 Mandarin Chicken Chef Salad Saltine Crackers Seasoned Cabbage Peas and Carrots Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Steamed Brown Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 27 Chicken Tenders Boneless Buffalo Hot Wings Chef Salad Saltine Crackers Criss Cut Sweet Potato Celery Sticks with Dip California Veggies Pineapple Tidbits Fresh Apples Assorted Fruit Juices Yeast Roll Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 28 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Summer Squash Tomatoes with Dip Fruit Slushes Fresh Pears Chilled Diced Pears Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 29 Hamburger w/ Trimm Chef Salad Saltine Crackers Seasoned Potato Wed Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 6-8

Aug 30, 2017

003 - Yazoo County Middle School

September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Manager Choice
Sep - 4 Labor Day	Sep - 5 Turkey & Cheese Ho Chef Salad Saltine Crackers Tuna Salad with Crack Lima Beans Baked Sweet Potato w/ Margarine Tomatoes with Dip Fresh Apples Frozen Fruit Juice Cup Mayonnaise Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 6 Pigs in a Blanket Grilled Cheese Sandwi Chef Salad Saltine Crackers Saltine Crackers Whole Kernel Corn Baked Beans Baby Carrots w/ Dressi Fruit Slushes Frozen Fruit Juice Cup Fresh Pears Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 7 Taco Salad in a Bowl Fruit and Yogurt Plate Chef Salad Saltine Crackers Southern Turnip Green Corn on the Cob Black Bean Salad Fruit Cocktail Fresh Oranges Fruit Slushes Taco Sauce Sour Cream Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 8 Stuffed Crust Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers Mexicali Corn Assorted Vegetable Jui Green Beans Fresh Fruit Bowl Frozen Fruit Juice Cup Chilled Peach Slices Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk
Sep - 11 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Cucumber Sticks W/Di Frozen Fruit Juice Cup Pineapple Tidbits Fresh Oranges Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 12 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Tomatoes with Dip Sliced Carrots Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Steamed Brown Rice Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 13 Corn Dog Beef & Bean Burrito Fruit and Yogurt Plate Chef Salad Saltine Crackers Baked Beans Corn on the Cob Baby Carrots w/ Dressi Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Salsa Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Sep - 14 Grilled Cheese Sandwi BBQ Chicken Sandwic Chef Salad Saltine Crackers Whole Kernel Corn Steamed Spinach Baby Carrots w/ Dressi Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 15 Hamburger w/ Trimmin Chef Salad Saltine Crackers Seasoned Potato Wed Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 6-8

Aug 30, 2017

Page 2

003 - Yazoo County Middle School
September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 18 Chicken Nuggets Cheesy Breadsticks Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Collard Gree Fruit Cocktail Fresh Oranges Assorted Fruit Juices Yeast Roll Variety of Dipping Sau Ketchup Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk	Sep - 19 Spaghetti & Meat Sauc Grilled Cheese Sandwi Chef Salad Saltine Crackers Seasoned Whole Gree Beans Summer Squash Carrot-Raisin Salad Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Whole Wheat Garlic T Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 20 BBQ Rib Sandwich BBQ Chicken Sandwic Chef Salad Saltine Crackers Whole Kernel Corn Peas and Carrots Tomatoes with Dip Fruit Slushes Fresh Pears Hot Cinnamon Apples Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 21 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Sliced Carrots Tomatoes with Dip Fruit Cocktail Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 22 Chili/Cheese Quesadill Stuffed Crust Pizza Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Glazed Carrots Fresh Pears Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Sep - 25 Salisbury Steak W/Gra Chef Salad Saltine Crackers Steamed Spinach Raw Veggies with Dip Pinto Beans Pineapple Tidbits Fresh Fruit Bowl Assorted Fruit Juices Steamed Brown Rice Yeast Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 26 Mandarin Chicken Chef Salad Saltine Crackers Seasoned Cabbage Peas and Carrots Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Steamed Brown Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk	Sep - 27 Chicken Tenders Boneless Buffalo Hot Wings Saltine Crackers Criss Cut Sweet Potato Celery Sticks with Dip California Veggies Fresh Fruit Bowl Pineapple Tidbits Assorted Fruit Juices Yeast Roll Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 28 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Glazed Carrots Tomatoes with Dip Fruit Slushes Fresh Pears Chilled Peaches Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 29 Hamburger w/ Trimm Chef Salad Saltine Crackers Oven Baked Potato W Celery Sticks with Dip Green Peas Fresh Melon Cubes Assorted Fruit Juices Mayonnaise Ketchup Mustard, PC, MS1538 Ranch Dressing Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

Menu are subject to change.
We are not allowed to charge meals
This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 9-12

Aug 30, 2017

004 - Yazoo County High School
September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Manager Choice
Sep - 4 Labor Day	Sep - 5 Turkey & Cheese Ho Chef Salad Saltine Crackers Tuna Salad with Crack Baked Sweet Potato w/ Margarine Lima Beans Tomatoes with Dip Pineapple Tidbits Fruit Slushes Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 6 Pigs in a Blanket Grilled Cheese Sandwi Chef Salad Saltine Crackers Baked Beans Whole Kernel Corn Baby Carrots Chilled Peach Slices Frozen Fruit Juice Cup Chocolate Pudding Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk	Sep - 7 Taco Salad in a Bowl Grilled Cheese Sandwi Chef Salad Saltine Crackers Black Bean Salad Southern Turnip Green Corn on the Cob Fruit Cocktail Fresh Apples Fruit Slushes Oatmeal Raisin Cooki Taco Sauce Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 8 Stuffed Crust Pizza Pepperoni Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Raw Veggies with Dip Fresh Bananas Chilled Peach Slices Frozen Fruit Juice Cup Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Sep - 11 Spicy Chicken Sandwic Grilled Chicken Sandwi Chef Salad Saltine Crackers Oven Baked Potato W Lima Beans Tomatoes & Carrots w/ Pineapple Tidbits Fresh Oranges Vanilla Pudding Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 12 Seasoned Baked Chic Fruit and Yogurt Plate Chef Salad Saltine Crackers Seasoned Whole Gree Beans Celery Sticks with Dip Sliced Carrots Chilled Peach Slices Fresh Fruit Bowl Fresh Grapes Steamed Brown Rice Yeast Roll Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 13 Corn Dog Beef & Bean Burrito Fruit and Yogurt Plate Chef Salad Saltine Crackers Baked Beans Corn on the Cob Raw Veggies with Dip Fresh Melon Cubes Fruit Slushes Fresh Fruit Bowl Chocolate Chip Cooki Salsa Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Low Fat Milk Vanilla Fat Free Milk Strawberry Milk	Sep - 14 Grilled Cheese Sandwi BBQ Chicken Sandwic Chef Salad Saltine Crackers Whole Kernel Corn Steamed Spinach Baby Carrots w/ Dressi Pineapple Tidbits Fresh Fruit Bowl Frozen Fruit Juice Cup Oatmeal Raisin Cooki Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk Low Fat Milk	Sep - 15 Beef Steak Burger Chef Salad Saltine Crackers Seasoned Potato Wed Southern Collard Gree Celery Sticks with Dip Fresh Melon Cubes Applesauce Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Yazoo County School District

Lunch 9-12

Aug 30, 2017

004 - Yazoo County High School
September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 18 Chicken Nuggets Chef Salad Saltine Crackers Mashed Potatoes Raw Veggies with Dip Southern Collard Gree Fruit Cocktail Fresh Oranges Frozen Fruit Juice Cup Yeast Roll Variety of Dipping Sau Ketchup Chocolate Pudding Chocolate Milk Low Fat Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Sep - 19 Spaghetti & Meat Sauc Chef Salad Saltine Crackers Seasoned Whole Gree Beans Summer Squash Carrot-Raisin Salad Fresh Apples Chilled Diced Pears Frozen Fruit Juice Cup Whole Wheat Garlic T Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 20 BBQ Rib Sandwich Fruit and Yogurt Plate Chef Salad Saltine Crackers Whole Kernel Corn Peas and Carrots Raw Veggies with Dip Fresh Pears Hot Cinnamon Apples Pasta with Italian Red Sauce Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 21 Chicken Spaghetti Chef Salad Saltine Crackers Steamed Fresh Brocco Sliced Carrots Tomatoes with Dip Fruit Cocktail Fresh Fruit Bowl Fruit Slushes Yeast Roll Chocolate Milk Low Fat Milk Strawberry Milk Fat Free Milk Vanilla Fat Free Milk	Sep - 22 Mexican Pizza Stuffed Crust Pizza Chef Salad Saltine Crackers Mexicali Corn Southern Mustard Gre Glazed Carrots Fresh Pears Frozen Fruit Juice Cup Fresh Fruit Bowl Chocolate Milk Fat Free Milk Low Fat Milk Strawberry Milk Vanilla Fat Free Milk
Sep - 25 Salisbury Steak W/Gra Chef Salad Saltine Crackers Steamed Spinach Raw Veggies with Dip Mashed Potatoes Pineapple Tidbits Sliced Strawberries Fruit Slushes Yeast Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 26 Mandarin Chicken Chef Salad Saltine Crackers Seasoned Cabbage Peas and Carrots Tomatoes with Dip Fresh Pears Chilled Peaches Fresh Fruit Bowl Steamed Brown Rice Hushpuppies Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 27 Chicken Tenders Boneless Buffalo Hot Wings Fruit and Yogurt Plate Saltine Crackers Quick Baked Potato Celery Sticks with Dip Baked Beans Pineapple Tidbits Fresh Peaches Yeast Roll Oatmeal Raisin Cooki Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk	Sep - 28 Macaroni & Cheese wit Ham Slice Turkey & Cheese on B Chef Salad Saltine Crackers Steamed Fresh Brocco Glazed Carrots Tomatoes with Dip Fruit Slushes Fresh Pears Chilled Peaches Whole Wheat Roll Low Fat Milk Fat Free Milk Strawberry Milk Chocolate Milk Vanilla Fat Free Milk	Sep - 29 Beef Steak Burger Chef Salad Saltine Crackers Oven Baked Potato W Carrot/Celery/Cucumb w/Dressing Green Peas Pineapple Tidbits Frozen Fruit Juice Cup Fresh Melon Cubes Fresh Fruit Bowl Mayonnaise Ketchup Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk Vanilla Fat Free Milk

Menu are subject to change.
 We are not allowed to charge meals
 This institution is an equal opportunity provider.

*N/A** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.