



PRICE: \$2.75

# APRIL 2019

CHAPIN ST., EAST ST. & VETERAN'S PARK SCHOOLS

Alternate Menu: Week 1: Turkey & Cheese Sandwich  
Week 2: Buffalo Chicken Wrap  
Week 3: Vacation  
Week 4: Grilled Cheese  
Week 5: Grilled Chicken Patty

## Monday

Chicken Nuggets w/BBQ Sauce  
Potato Wedges  
Sweet Corn  
Fresh Fruit **1**

## Tuesday

Chicken & Cheese Quesadilla  
Seasoned Rice  
Butternut Squash  
Cup of Fruit **2**

## Wednesday

Meatball Grinder w/Sauce & Cheese  
Oven Ready Fries  
Seasoned Green Beans  
Fresh Fruit **3**

## Thursday

Chicken Strips w/Gravy  
Mashed Potatoes  
WW Dinner Roll  
Broccoli w/Sauce  
Chilled Pears **4**

## Friday

Stuffed Crust Pizza  
Three Bean Salad  
Fresh Fruit **5**

Chicken Rice Soup  
Grilled Ham & Cheese  
Cape Cod Chips  
Peppers & Onions  
Fresh Fruit **8**

Hamburger on a WW Bun  
Oven Ready Fries  
Seasoned Carrots  
Mixed Berry Cup **9**

Spaghetti w/Meat Sauce  
Garlic Bread  
Side Salad w/Dressing  
Fresh Fruit **10**

Fish Sticks w/Tartar Sauce  
Seasoned Rice  
Three Bean Salad  
Chilled Pears **11**

Mozzarella Sticks w/Dipping Sauce  
Seasoned Noodles  
Broccoli w/Dressing  
Fresh Fruit **12**

**15**

**16**

**17**

**18**

# Have a wonderful vacation!



**9**

Grilled Chicken Sandwich  
Potato Wedges  
Broccoli w/Dressing  
Fresh Fruit **22**

**Breakfast for Lunch**  
Egg, Ham & Cheese on a  
English Muffin, Home fries,  
Sausage Patty  
Applesauce Cup **23**

BBQ Chicken  
Oven Roasted Potatoes  
WW Dinner Roll  
Butternut Squash  
Fresh Fruit **24**

Sloppy Joe on a WW Roll  
Sweet Potatoes  
Seasoned Green Beans  
Chilled Pears **25**

Personal Pizza  
Three Bean Salad  
Fresh Fruit **26**

Hot Dog on a WW Roll  
Seasoned Potatoes  
Sweet Peas  
Fresh Fruit **29**

Pulled Pork on a WW Roll  
Steamed Rice  
Seasoned Mushrooms  
Chilled Blueberries **30**

Menu Subject to Change  
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Employer"

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