



BREAKFAST

DECEMBER 2020

LUDLOW HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

1
Trix Cereal
Fresh Fruit
Chilled Juice
Milk

2
Blueberry Muffin
Fruit Cup
Chilled Juice
Milk

3
Cereal Bar
Fresh Fruit
Chilled Juice
Milk

4
Pancakes w/Syrup
Fresh Fruit
Chilled Juice
Milk

7
Cinnamon Toast Crunch
Fresh Fruit
Chilled Juice
1% White Milk

8
Bagel w/Cream Cheese
Chilled Juice
Fruit Cup
1% White Milk

9
Cheerios Cereal
Fresh Fruit
Fruit Cup
1% White Milk

10
Corn Muffin
Fruit Cup
Chilled Juice
1% White Milk

11
Cereal Bar
Chilled Juice
Fresh Fruit
1% White Milk

14
Egg & Toast
Fresh Fruit
Chilled Juice
1% White Milk

15
Froot Loops Cereal
Fresh Fruit
Chilled Juice
1% White milk

16
Cinnamon Roll
Fruit Cup
Chilled Juice
1% White Milk

17
Cheerios Cereal
Fresh Fruit
Chilled Juice
1% White Milk

18
Poptart
Fruit Cup
Chilled Juice
1% White Milk

21
Cheerios Cereal
Fresh Fruit
Chilled Juice
1% White Milk

22
Chocolate Chip Muffins
Fruit Cup
Chilled Juice
1% White Milk

23
English Muffin
w/Sunbutter
Fresh Fruit
Chilled Juice
1% White Milk

24
**Holiday Break
No School**

25
**Holiday Break
No School**



Have a wonderful Holiday!



Menu Subject to Change.
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 Work as a substitute in our School Lunch Department.
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