

Monday

Tuesday

Wednesday

Thursday

Friday



Hamburger on a WW Roll 4
Oven Baked Fries
Seasoned Green Beans
Fruit

Breakfast for Lunch 5
Pancakes w/Syrup
Sausage Patty
Potatoes
Fruit

Spaghetti w/Meat Sauce 6
Garlic Bread
Seasoned Carrots
Fruit

Turkey & Cheese Wrap 7
Cape Cod Chips
Seasoned Broccoli
Fruit

1
New Year's Day
No School

Pizza 8
Three Bean Salad
Fruit

Chicken Patty on a WW Roll 11
Oven Baked Fries
Seasoned Carrots
Fresh Fruit

Tacos on a Hard or Soft Shell 12
w/Lettuce, Tomato, Salsa,
Sour Cream, Seasoned Rice
Corn
Assorted Fruit

Chicken & Gravy 13
Oven Roasted Potatoes
WW Dinner Roll
Red Pepper Strips
Fresh Fruit

Steak & Cheese Grinder 14
w/Peppers
Oven Baked Fries
Fruit Cup

Stuffed Crust Pizza 15
Three Bean Salad
Fresh Fruit

18
Martin Luther King Day
No School

Hot Dog on a WW Roll 19
Oven Baked Fries
Sweet Corn
Blueberries w/Topping

Grilled Ham & Cheese 20
Sandwich
Cape Cod Chips
Seasoned Green Beans
Fresh Fruit

Chicken Scampi w/Spaghetti 21
Seasoned Carrots
Garlic Bread
Fresh Fruit

Cheese Pizza 22
Steamed Broccoli
Fresh Fruit

Grilled Cheese Sandwich 25
Cape Cod Chips
Seasoned Green Beans
Fresh Fruit

Baked Chicken 26
Oven Baked Fries
Sweet Corn
Blueberries w/Topping

Meatloaf 27
Mashed Potatoes
WW Dinner Roll
Seasoned Carrots
Fresh Fruit

Buffalo Chicken Baked 28
Macaroni & Cheese
WW Dinner Roll
Spinach Salad w/Dressing
Fresh Fruit

French Bread Pizza 29
Three Bean Salad
Fresh Fruit

Menu Subject to Change.
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