

## ***INFECTION CONTROL***

To reduce the spread of infectious diseases (diseases that can be spread from one person to another), it is important to follow ***Universal Precautions***. Universal Precautions is a set of guidelines which assumes that all blood and certain other body fluids are potentially infectious. It is important to follow universal precautions when providing care to any student, whether or not the student is known to be infectious. The following list describes universal precautions:

- ◆ Wash hands thoroughly:
  1. Before and after physical contact with any student (even if gloves have been worn).
  2. Before and after eating or handling food.
  3. After cleaning.
  4. After using the restroom.
  
- ◆ Wear gloves when in contact with blood and other bodily fluids.
  
- ◆ Wear protective eyewear when body fluids may come in contact with eyes (e.g. squirting blood).
  
- ◆ Wipe up any blood or bodily fluid spills as soon as possible (wear gloves). Double bag the trash in a plastic bag or place the bloody material in a zip lock bag and dispose of immediately. Clean the area with an approved disinfectant or a bleach solution (one part liquid bleach to 10 parts water).
  
- ◆ Send all soiled clothing (i.e. clothing with blood, stool, or vomit) home with the student in a double bagged plastic bag.
  
- ◆ Do not eat, or touch your mouth or eyes, while giving first aid.

### ***Guideline for Students***

- Remind students to wash hands after coming in contact with their own blood or body secretions.
  
- Remind students to avoid contact with another person's blood or bodily fluids.