

Monday
Tuesday
Wednesday
Thursday
Friday

NO SCHOOL
5

 Cheese & Pepperoni Pizza
 Side Salad & Stewed Tomato
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

7

 Distance Learning Day

 *For meals on virtual days,
 please call (540) 227-0023*

NO SCHOOL
1
NO SCHOOL
2

 Soft Shell Tacos
 Refried Beans & Corn
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

8

 Chicken Wrap
 Fries & Green Beans
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

9

 Sweet & Sour Chicken /Rice
 Carrots & Broccoli
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

12

 Beefy Mac/Roll
 Mashed Potato & Corn
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

13

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14

 Pork BBQ Sandwich
 Baked Beans and Cole Slaw
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

15

 Chicken Patty
 Fries & Green Beans
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

16

 Chicken Alfredo/ Roll
 Carrots & Broccoli
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

19

 Nachos
 Tomatoes & Baked Beans
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

20

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21

 Pepperoni & Cheese Pizza
 Side Salad & Mixed Veggies
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

22

 Chicken Nuggets/Roll
 Broccoli & Carrot Cups
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

23

 Soft Shell Tacos
 Side Salad & Tomatoes
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

26

 Chicken Stir Fry
 Broccoli & Carrots
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

27

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28

 Spaghetti /Meat Sauce & Roll
 Spinach & Corn
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

29

 Chicken Wrap
 Broccoli Salad & Carrots
 Baked Potato, Salads
 PB&J Juice & Milk
 Fresh or Canned Fruit

30

This menu is subject to change due to availability.

For more information on which menu items may contain allergens, please contact the cafeteria manager.

 Apply for Free or Reduced meals at: www.lunchapplication.com.

 Register and create an account for your child at www.K12PaymentCenter.com to add money and view their purchases.

"This institution is an equal opportunity provider."



Monday
Tuesday
Wednesday
Thursday
Friday

NO SCHOOL
5

 Cinnamon Roll or Donut
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

6

Distance Learning Day

7

 *For meals on virtual days,
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NO SCHOOL
1
NO SCHOOL
2

 Panther Sandwich
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

8

 Breakfast Pizza
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

9

 Sausage Gravy /
 Biscuit
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

12

 Pancakes & Sausage
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

13

Distance Learning Day

14

 *For meals on virtual days,
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 French Toast Sticks
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

15

 Breakfast Pizza
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

16

 Chicken Biscuit
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

19

 Cinnamon Roll or Donut
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

20

Distance Learning Day

21

 *For meals on virtual days,
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 Panther Sandwich
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

22

 Breakfast Pizza
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

23

 Sausage Gravy /
 Biscuit
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

26

 Pancakes & Sausage
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

27

Distance Learning Day

28

 *For meals on virtual days,
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 French Toast Sticks
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

29

 Breakfast Pizza
 Parfait / Breakfast Bar
 Fresh or Canned Fruit
 Juice, Milk

30

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