

# Highlights

We Are Rappahannock!

Division Newsletter- January 2021

## Second Semester Begins

RCPS welcomed both Group A and 4-day students back to school on Monday, January 11th. Many smiles and friendly waves were exchanged between the students and RCES staff as the buses unloaded at the start of the school day. At the high school, the students seemed equally excited to begin the new semester and catch up with friends. Group B students will return for the first day of in-school instruction on Thursday, January 14<sup>th</sup>.



## FREE Meal Reminder

FREE five day meal distribution is available every Wednesday at 10:30am at both RCES and RCHS. Please sign up by calling/texting our Meal Access Hotline at 540-671-0153 or by filling out this google form: <https://forms.gle/dXRURzYjZfgF1KXL8> . As a reminder, families are strongly encouraged to continue filling out the free and reduced application (<https://www.lunchapplication.com/>) to receive additional benefits and support school funding. Please contact Ms. Julie Banks at [jbanks@rappahannockschoools.us](mailto:jbanks@rappahannockschoools.us) with any questions.

## Mental Health & Wellness Resource

The RCPS Mental Health Innovators Team has created a thorough, multi-page Mental Health and Wellness Resource document that includes contact information for many helpful services. To view this document, visit our district website homepage at [www.rappahannockschoools.us](http://www.rappahannockschoools.us)

## Emotional Support Hotline

If you or your student is feeling anxious or depressed, we are here to help!

Call or text our  
**EMOTIONAL SUPPORT  
HOTLINE:**  
**540-683-0437**

## Technical Support

For TECHNICAL support videos or for the technology help desk contact info, visit the homepage on our district website at [www.rappahannockschoools.us](http://www.rappahannockschoools.us).

Need additional assistance? Call the  
**TECHNICAL SUPPORT HOTLINE** at  
**540-227-0023 x 3003.**

Plus, be sure to check out the Technology tab, on the district website, to view helpful tips for Chromebooks, iPads, and Canvas.

# RCPS COVID-19 School Response Logic Model

The RCPS COVID-19 School Response Logic Model (*shown left*) explains the district's procedures based on the number of cases and possible exposures.

However, additional scenarios exist where a potential closure may take place including but not limited to recommendation from VDH to close, Virginia moving back to Phase 1 or Phase II in the Governor's Move Forward VA Plan, and quarantines limiting available workforce.

We ask that all parents be prepared with a back-up plan for a switch to distance learning should the need arise.

## We Need Your Help

Please help us reduce the chances of a short-term school closure or classroom quarantines by keeping your child at home if you think they may have been exposed to the virus or if they have any symptoms.

\*Temperature of 100.4 degrees or higher

\*Sore throat

\*Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)

\*Difficulty breathing (for students with asthma, a change from baseline breathing)

\*Diarrhea or vomiting

\*New onset of severe headache, especially with a fever

If you have any questions or need more guidance regarding a possible exposure, please call your child's school nurse. They are here to assist you while keeping our students and staff safe.

RCES- Robyn Murray 540-227-0200 ext. 3012

RCHS- Courtney Atkins 540-227-0745 ext. 3471

Thank you for your continued support in keeping all of our students and staff safe.

